



**Permanent Cosmetic & Microblading Services by
PRE PROCEDURE CHECKLIST/CONTRAINDICTIONS**

***72 hours prior NO OTC PAIN RELIEVERS, NO ALCOHOL, NO ALLERGY D MEDS**

**PLEASE REFRAIN FROM OMEGA FATTY ACIDS AND/OR FISH OIL
SUPPLEMENTS 7 DAYS PRIOR TO YOUR APPOINTMENT**

Contraindications for Procedure

- Pregnant/Nursing
- Chemotherapy and Radiation full treatments ~ prophylactic chemotherapy is generally safe to proceed
- Active dermatologic disorders, i.e. rosacea, eczema, psoriasis
- Eyelash extensions must be removed prior to eyeliner
- Sick with flu/fever.
- Active herpes anywhere on the face.

Require Waiting Periods

- Lasik or Cataract Surgery ~ 1 month prior and wait 3 months post-op
- Latisse ~ 2 weeks off
- Botox or Disport ~3-4 weeks for first treatment and between treatments
- Fillers (i.e. Juvaderm, Silk, Voluma, Sculptra, etc.) ~ 2 weeks
- Fat transfer in lips ~ wait 1 month for swelling to subside
- Accutane full dose ~ 1 year (half-dose or prophylactic dose needs medical clearance)
- Suntanned skin ~ 1 month
- Retinols, glycolic acid (A.H.A), Vitamin C peels ~ 4 weeks minimum
- Lasers ~ 8 weeks
- IPL (Intense Pulsed Light) ~ 1 week
- Shingles shot ~ 1 month
- Laser that removed old permanent makeup ~ 8 weeks

Require Medical Clearance/Pre-Medication

- Heart valves, stents, pacemakers, rheumatic fever ~ medical clearance and pre-medication
- Organ transplants ~ medical clearance and pre-medication
- Joint replacements ~ medical clearance and pre-medication
- Insulin dependent diabetics ~ medical clearance and pre-medication
- Fever blister history ~ medical clearance and pre-medication
- Shingles history ~ medical clearance and pre-medication, even with immunization
- Seizures ~ medical clearance
- Blood thinners, steroids ~ medical clearance
- Eye Diseases (i.e. Glaucoma or Graves' Disease) ~ medical clearance
- Lupus/ Autoimmune Disease ~ medical clearance and pre-medication
- Blepharitis ~ medical clearance
- Currently undergoing chemotherapy or other cancer treatments