

Amway



Everyday Nutrition

Essential nutrients to help you be your best daily / pg. 16

Targeted Wellness Needs

Support for sleep, occasional stress, mood and more / pg. 32

Sports Nutrition

Great-tasting fuel for workouts and recovery / pg. 78



Your wellness, your way.

Every wellness journey is unique, and Amway is here to guide yours. With plant-powered supplements and nutrition products that deliver real benefits, we meet you and your family where you are. Let's find your path forward.

A better you starts at [Amway.com](https://www.amway.com)





Wellness support

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Plant. Grow. Thrive!

Good nutrition is the foundation for living healthier, more fulfilling lives. That's why, for the past 90 years, we've been committed to plant-powered innovation and organic farming practices, harnessing nature's best nutrients to deliver real benefits. Nutrilite™ is the world's #1 selling vitamin and dietary supplement brand*, and we continue to develop high-quality supplements and holistic solutions to help you and your family thrive.

Find your wellness solution at [Amway.com/nutralite](https://www.amway.com/nutralite)



Earth's Richest Nutrients

Nutrilite products harness earth's most powerful nutrients to promote real benefits, like harvesting Acerola Cherries that contain 50X more Vitamin C than an Orange.



Organic Farming

We know that when we tend to the soil, we are tending to you. That's why our plants are grown without harsh chemicals and pesticides, and we have been farming organically, long before it was the thing to do.



Traceable

Growing nature's goodness you can trace - from our farms to your family - we follow each of our ingredients on a lifelong journey as proof of our promise to always deliver you peace of mind in a high quality product.



nutrilite
balance within
probiotic

nutrilite
begin
Daily Gummies

nutrilite organics
FROM OUR FARMS TO YOUR FAMILY

plant protein
POWDER

vanilla
Flavored with other natural flavors

21g plant-based
protein

FROM REAL BROWN RICE AND CHIA

GREAT TASTE
FREE FROM
DAIRY, GLUTEN, SOY

VEGAN

USDA
ORGANIC

NET WT. 1.55 LB (703g)

Nourish your gut.

Holistic wellness begins in the gut. Support your gut microbiome with plant-powered products to help support digestion, metabolism and more – helping you be your best every day.

Find digestive health products at [Amway.com/digestion](https://www.amway.com/digestion)



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Look for these certifications and icons on specific products in this section.



NSF Contents Certified



USDA Organic



Non-GMO Project Verified



Non-GMO[§]



Gluten Free



Vegetarian



Vegan Friendly



Dairy Free



Lactose Free



No Artificial Colors, Flavors, Preservatives

*The NSF logo is a registered trademark of NSF International.

§Does not contain genetically engineered ingredients.

 nutrilite™

Begin 30

HOLISTIC WELLNESS PROGRAM

A 30-day guided journey to help you improve the way you eat, drink, move and think.



Nutrition

Consume a plant-based diet with limited sugar, fat and processed ingredients.



Exercise

Walk 7,000–10,000 steps every day and exercise for a minimum of 75 minutes per week (cardio or strength).

Did you know a balanced gut microbiome may impact more than just digestion? Emerging science suggests it can positively impact your weight, energy levels, fitness, sleep and how you manage occasional stress.



Get started now and download the Amway Wellbeing+ App, designed to help you build better habits and track your 30-day progress.



Hydration

Drink at least half your bodyweight (lbs) in ounces of water a day and consume high-water foods like fruits and vegetables.



Mindfulness

Practice mindfulness through activities like meditation, diaphragmatic breathing or yoga one or two times per day.



nutrilite organics

FROM OUR FARMS TO YOUR FAMILY™

plant protein

POWDER

chocolate

Flavored with other natural flavors

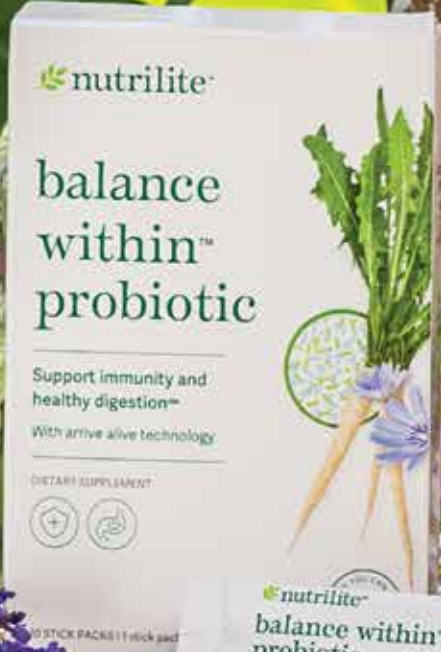
21g plant-based protein

FROM PEA, BROWN RICE AND CHIA

GREAT TASTE

FREE FROM
DAIRY, GLUTEN, SOY

VEGAN



Wellness begins in the gut.

Nurture your gut microbiome with three gut-loving supplements and pair all together to support the Begin 30 Holistic Wellness Program.

Nutrilite™ Balance Within™ Probiotic

Contains 6.3 billion CFUs of clinically supported good bacteria to help support healthy digestion.†

120571 30 Stick Packs \$43.00



Choose two:

Nutrilite™ Organics Plant Protein Powder

Each great tasting serving provides 21 g of plant protein from Brown Rice plus Peas and Chia grown on our own certified organic farms and partner farms.

125923 Vanilla
125921 Chocolate
125925 Unflavored

15 Servings \$41.00



Nutrilite Begin™ Daily GI Primer

A 6-in-1 gut health drink supplement that provides fermented greens, prebiotics and fiber, digestive enzymes, alkaline spices, postbiotics and more to support comprehensive gut health.†

127725 30 Servings \$78.00



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.

Digestive Health



Nutrilite™ Balance Within™ Probiotic

Helps support a healthy balance of gut bacteria, as well as digestive comfort and regularity.^{††} Contains 6.3 billion live probiotic microorganisms from five probiotic strains.

120571 30 Stick Packs \$43.00



Nutrilite™ Digestive Enzyme

Supports digestion of carbohydrates, protein, fats and dairy with 302 mg of our unique enzyme blend plus 17 mg Spirulina from our partner farms.[†]

A8903 90 Capsules \$39.00



Nutrilite™ Organics Ginger Mint Tea

Helps aid digestion with a delicious mix of Peppermint Leaf, Ginger Root, Dandelion Root and Lemongrass Leaf. Includes Organic Peppermint grown on Nutrilite™ certified organic farms.

308635 20 Tea Bags \$17.00



Nutrilite Begin™ Daily GI Primer

Prime your gut for anything with a refreshing drink supplement – 6 gut-supporting blends infused with fermented greens, prebiotics and fiber, digestive enzymes, alkaline spices and postbiotics for everyday, comprehensive gut health support.[†]

127725 30 Servings \$78.00



Daily digestive support.

Support your daily gut health with prebiotics & fiber, probiotics, digestive enzymes & more!
Your gut impacts more than just digestion - it impacts your immune system, skin, liver and more.



New! Nutrilite™ Prebiotic Fiber

Provides plant-based soluble fiber to help support digestion, regularity, gut microbiome and already healthy blood sugar levels.† This daily fiber powder includes a blend of fiber designed to be well-tolerated with Tapioca Resistant Dextrin and Acacia Fiber from plants grown on Nutrilite™ partner farms.‡

127444 30 Stick Packs \$42.00



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

‡With regular use.

*The NSF logo is a registered trademark of NSF International.

A simple way to get the fiber you need

9 out of 10 adults don't get enough dietary fiber each day. Nutrilite™ Prebiotic Fiber delivers more than 25% of your daily recommended intake to help bridge the gap and support digestive health and more.†

Order through your Independent Business Owner 13

nutrilite organics

FROM OUR FARMS TO YOUR FAMILY™



Nutrition as nature intended

No fillers, harsh chemicals or compromise. Give your body the plant-powered nutrition it deserves with Nutrilite Organics; including everyday nutrition support with protein and superfood powders, All in One healthy eating solutions with delicious bars, shakes and ready to drink options, and powerful herbal supplements to meet your wellness needs.



Organic starts on the farm but ends with you.

We plant, grow and harvest nature's most powerful nutrients from our certified organic farms and partner farms to deliver plant-forward supplements and solutions with real benefits. Nutrilite™ is the first and only global vitamin and dietary supplement brand with a USDA Organic certified product line to grow, harvest and process plants on their own certified organic farms.**

Discover organic goodness at [Amway.com/organics](https://www.amway.com/organics)



**Source: Global Data; gdretail.net/amway-claims/

Your daily nutrients.

Nutrition is the foundation of wellness. Our everyday nutrition products support your body with essential nutrients to help you thrive and live a happier life.

Get the nutrients you need at [Amway.com/everyday-nutrition](https://www.amway.com/everyday-nutrition)



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Look for these certifications and icons on specific products in this section.



NSF Contents Certified



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Non-GMO Project Verified



Non-GMO[§]



Friend of the Sea Certified



Gluten Free



Vegetarian



Vegan Friendly



Soy Free



Dairy Free



No Artificial Colors, Flavors, Preservatives

*The NSF logo is a registered trademark of NSF International.

[§]Does not contain genetically engineered ingredients.



Fill nutrient gaps in your diet.

Being your best starts with solid nutrition. For 90 years, we've harnessed the power, purity and richness of nature to bring you Nutrilite™ supplements and solutions, designed to fill nutrient gaps and provide real benefits. Discover what your daily ritual might be missing and build a strong foundation for a more vibrant, fulfilling life.

Rethink your routine at [Amway.com/everyday-nutrition](https://www.amway.com/everyday-nutrition)

90%

of Americans don't get the recommended daily 10 servings of fruits and vegetables they need.

Nutrition made convenient

Packed with plant-based nutrients, Nutrilite supplements make it easy and convenient to help fill nutrient gaps in your diet.

Tips for healthy eating

Go for lean protein and fiber to support energy and digestion. On busy days, organic meal powders, shakes and bars can help you stay on track.

Personalize your wellness goals.

Wellness isn't one-size-fits-all. Choose supplements based on your personal needs, preferred ingredients and more.

Choose a multivitamin



See pages 20-22

Choose a protein



See page 24

Choose an omega



See page 26

Choose additional supplements to meet everyday needs



See pages 23-31



Our ultimate multivitamin.

A powerful array of nutrients to help support heart, brain, eye, skin, bone, energy, immune and cellular health.†

Nutrilite™ Double X™ Multivitamin Supplement

Our most powerful plant-based multivitamin made with 22 vitamins, minerals and nutrients from 22 fruits, vegetables and herbs – including Rosemary, Turmeric and Quercetin from Fava d’Anta and more. With antioxidants to help fight oxidative stress to protect against cell-damaging free radicals.†

A4300 31-Day Supply with Tray/186 Tablets \$66.00
 A0244 31-Day Refill/186 Tablets \$64.00
 123364 10-Day Supply/20 packets \$24.00



See how we compare∞

Nutrilite™ Double X™	ONE A DAY®† Women’s Complete Multivitamin	Centrum®‡ Silver Adults 50+ Multivitamin
10 Healthy Benefits	6 Healthy Benefits	4 Healthy Benefits
40+ Total Nutrients	19 Total Nutrients	27 Total Nutrients
✓ 450+ mg Plant Nutrients	✗ Plant Nutrients	✗ Plant Nutrients
Gluten Free/ Vegetarian/ Non-GMO		Gluten Free/ Non-GMO

Why Double X™?

Contains 450 mg of plant nutrients vs. the leading multivitamin brand, which has zero.



Heart support from B-Vitamins, Folic Acid, Vitamin E and Selenium.†



Brain support from Vitamins E, B6, B12, Folate and Phytocolor Balance berry blend.†



Skin health support from Vitamins A, C, Biotin and Niacin.†



Bone support from Vitamins D, C, A, Calcium, Magnesium, Copper, Zinc and Manganese.†



Energy support from B-Vitamins, Thiamin, Riboflavin, Niacin, Biotin and Pantothenic acid – essential for the release of energy from food.†



Immune support with 3-in-1 support from Vitamins C, D and Zinc.†

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.







*The NSF logo is a registered trademark of NSF International.
 ∞Based on product label claims and online claims as of October 28, 2025.

†One a Day® is a registered trademark of Bayer Healthcare LLC.

‡Centrum® is a registered trademark of Haleon US Holdings LLC.















Daily wellness essentials.

Men's multi in tablet or gummy	Women's multi in tablet or gummy	Advanced wellness support†
		
<p>Nutralite™ Men's Daily Multivitamin Support for immune health, energy, muscle and heart health in a once-daily tablet.† Includes 22 essential vitamins and minerals plus 200 mg of plant nutrients.</p> <p>125557 90 Tablets \$34.00</p>	<p>Nutralite™ Women's Daily Multivitamin Support for immune health, energy, bone and eye health in a once-daily tablet.† Includes 23 essential vitamins and minerals plus 200 mg of plant nutrients.</p> <p>125559 90 Tablets \$34.00</p>	<p>Nutralite™ Perfect Pack Created to build a solid nutritional foundation. Each daily serving contains:</p> <ul style="list-style-type: none"> • Double X™ Multivitamin • Concentrated Fruits and Vegetables • Advanced Omega • Vitamin D <p>123377 60 Packets \$167.00 (30 A.M. & 30 P.M.)</p>
<p>Nutralite™ Organics Men's Daily Multi Gummies Support for immune health, energy, muscle and heart health in delicious USDA Organic gummies.† Includes 13 vitamins and minerals plus 75 mg of organic plant nutrients.</p> <p>125561 120 Gummies \$36.00</p> 	<p>Nutralite™ Organics Women's Daily Multi Gummies Support for immune health, energy, bone and eye health in delicious USDA Organic gummies.† Includes 15 vitamins and minerals plus 75 mg organic plant nutrients.</p> <p>125562 120 Gummies \$36.00</p> 	

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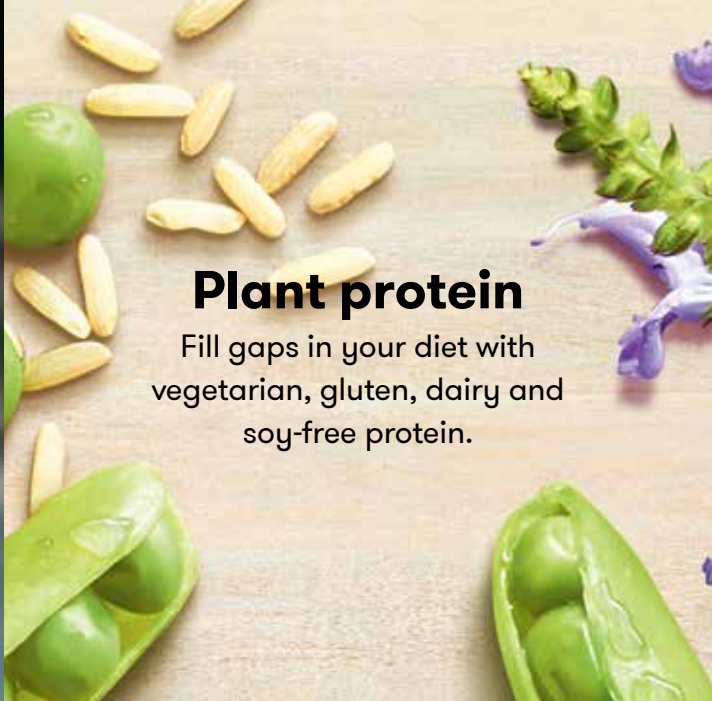
Support your nutrition with multivitamins and superfood supplements that deliver key plant nutrients your body needs. These daily essentials help fill nutrition gaps to help you be at your best every day.

Immune support [†]	Wellness, energy and digestion support [†]	Fill nutrient and dietary gaps [†]
 <p>Nutralite™ Organics Immunity Superfood Powder</p> <p>Each mixed berry flavored serving is packed with nutrients from 10 purple and red superfruits. Starring Acerola Cherries and Elderberries grown on our certified organic farms and partner farms for immune support.[†]</p> <p>125936 30 Servings \$45.00</p>   	 <p>Nutralite™ Organics Green Superfood Powder</p> <p>Each sweet greens flavored serving is packed with nutrients from 10 green vegetables and grasses, including Spinach, Broccoli and Kale grown on our certified organic partner farms.</p> <p>125937 30 Servings \$45.00</p>   	 <p>Nutralite™ Concentrated Fruits and Vegetables</p> <p>Phytonutrients equal to 5+ servings of fruits and veggies in one convenient tablet. Packed with 13 antioxidant-rich extracts from farm-grown fruits and vegetables to support your eyes, heart and circulatory health.[†]</p> <p>100648 60 Tablets \$46.00</p>   

Protein to power your day.

These easy-to-mix powders provide plenty of protein, a macronutrient that your body needs daily to help repair and build cells – and provide energy for everything you do.†





Plant protein

Fill gaps in your diet with vegetarian, gluten, dairy and soy-free protein.



Nutrilite™ Organics Plant Protein Powder

Smooth, creamy powder contains all 9 essential amino acids from 21 g of plant protein from Brown Rice, plus Peas and Chia grown on our own certified organic farms and partner farms.

- 125923 Vanilla
- 125921 Chocolate
- 125925 Unflavored

15 Servings \$41.00



Benefits of protein

Protein is essential for every cell in your body. It's made up of 20 amino acids, but your body only produces 11 of them on its own. The remaining 9, called Essential Amino Acids, must come from your diet. That's why daily protein intake is key.



Try convenient, ready-to-drink XS™ Protein Shakes.
See page 86

XS™ Grass-Fed Whey Protein Powder

Helps build lean muscle[†] with 30 g of premium Whey Protein Isolate and 6.9 g BCAAs, sourced from grass-fed cattle, humanely raised without rBGH growth hormones. Free from fillers and gums.

- 128156 Vanilla
- 128154 Chocolate
- 128155 Strawberry

1 Pouch (20 Servings) \$61.00



Whey protein

Support lean muscle growth, recovery and repair with easy-to-digest, gluten-free whey protein.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.
[‡]When combined with regular weight/resistance training and a healthy, balanced diet.

Unlock the power of Omega-3.

Humans can't naturally produce Omega-3s, which are essential for heart, brain, skin and joint health. They're also hard to absorb, so our formula is crafted for enhanced absorption, delivering optimal daily support.

Add Omegas to your routine at Amway.com/omega-3

3X

Enhanced Absorption^{##}

Absorption technology encapsulates the oil, which helps your body absorb 3X more than regular fish oil, plus reduces the fishy aftertaste.

Friend of the Sea – certified sustainably wild-caught fish

From cold waters carried from Antarctica to the coast of South America.

Made with plant-based ALA from White Chia Seed oil

from plants grown and sourced on our Nutrilite™ partner farms.

^{##}Compared to regular fish oil with no absorption technology. ^{##}Nature Made® is a registered trademark of Pharmavite LLC.
^{*}The NSF logo is a registered trademark of NSF International.



Nutrilite™ Advanced Omega

Delivers over 1,000 mg of essential Omega-3 fatty acids. Clinically tested to provide 3X better absorption^{††} of EPA, DHA and ALA Omega-3s to help support balanced nutrition with a reduced fishy aftertaste.

126136 60 Softgels \$40.00



Nutrilite™ Omega

Provides over 500 mg of Omega-3 fatty acids in an easy and convenient once-daily softgel format. Clinically tested to provide 3X better absorption^{††} of EPA, DHA and ALA Omega-3s with a reduced fishy aftertaste.

126132 30 Softgels \$24.00



See how we compare[∞]

Nutrilite™ Advanced Omega	Nature Made ^{∞††} Extra Strength Omega-3 From Fish Oil Minis
Heart, brain, eye, joint and skin health	Heart, brain, eyes
✓ Clinically tested 3X greater absorption ^{††}	✗ Clinically tested 3X greater absorption ^{††}
	✗ Friend of the Sea certified

[∞]Based on product label claims and online claims as of October 28, 2025.



“Glad I bought this for my joints and heart health realizing the importance of omega...Highly recommend the Advanced Omega, and it’s now an addition to my overall health and nutrition.”

Mscheeks
Amway Independent Business Owner

Support more than 300 bodily processes with Magnesium.

Magnesium is critical for bodily function, but to get enough, most adults would have to eat the equivalent of 15 cups of spinach every day. That's not easy. But taking our Magnesium is.



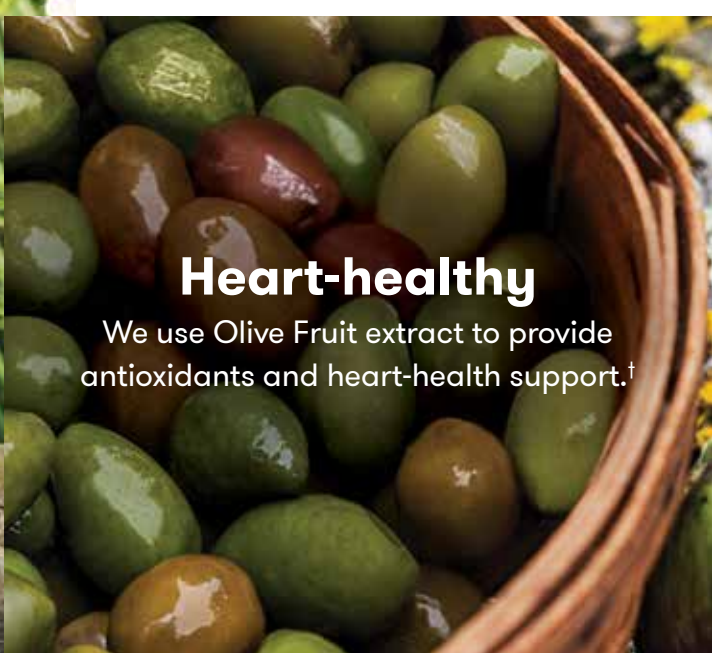
Marine-sourced

Includes three forms of marine-sourced Magnesium from the Dead Sea and pristine Irish seawater.



Absorbs 2X better[^]

Delivers 200 mg of Magnesium as Magnesium Bisglycinate Chelate, Dimagnesium Malate and Magnesium Hydroxide, proven to absorb 2X better.[^]



Heart-healthy

We use Olive Fruit extract to provide antioxidants and heart-health support.[†]



Nutriline™ Magnesium

Uniquely designed triple blend from marine-sourced Magnesium to help support sleep, stress, heart, nerves, muscles, energy and brain health—absorbing 2X better.[^] Enhanced with Olive Fruit Extract for heart and antioxidant support.[†]

128032 60 Capsules \$34.00



*The NSF logo is a registered trademark of NSF International.

[^]Based on absorption study results compared to a leading form of magnesium.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Smarter, balanced options.

Incorporate healthy eating options into your routine with products that satisfy hunger and nourish your body with vitamins, minerals, plant-based protein and real fruits and vegetables.



Nutrilite™ Organics All-in-One Meal Powder

These deliciously satisfying, USDA Organic meal powders are packed with ingredients from whole fruits and vegetables grown on our certified organic farms and partner farms. Each serving delivers 20 g of plant-based protein, 25 vitamins and minerals and 6 g of fiber.

- 318670 Chocolate
- 318671 Vanilla
- 318672 Berry
- 15 Servings \$70.00



Nutrilite™ Organics All-in-One Bars

Satisfy hunger on the go with 12 g of plant-based protein, 25 vitamins and minerals, 8 g of fiber and whole fruits and vegetables grown on our organic farms and partner farms to help fuel your healthy lifestyle.

- 316302 Peanut Butter
- 316303 Double Chocolate
- 316305 Berries & Seeds
- 12 Bars \$57.00



Nutrition made easy

Short on time? Fuel yourself with nutrient-dense, organic options.

Each Nutrilite™ Organics All-in-One product includes whole fruits and veggies like Chia Seed, Kale, Spinach, Broccoli, Apples, Blueberries and more all from plants grown on our own certified organic farms and partner farms.



Scan to watch a quick video about our All-in-One products.



Nutrilite™ Organics All-in-One Shakes

These delicious, creamy, ready to drink shakes deliver 20 g of plant-based protein, 25 vitamins and minerals, 5 g of fiber and whole fruits and vegetables from our organic farms and partner farms for an easy way to satisfy hunger on the go.

318669 Vanilla
318668 Chocolate
12 Shakes \$72.00



“Seriously the best tasting protein shake I’ve ever tasted. So smooth and tasty, and so nutritious! I will be buying these all the time!”

Notnels
Customer

Reclaim your calm.

Occasional stress can impact your mood, immune system and your sleep. Taking steps to manage it with powerful plant nutrients helps you be your best.

Find restful support at [Amway.com/stress-and-mood](https://www.amway.com/stress-and-mood)



Look for these certifications and icons on specific products in this section.



NSF Contents Certified



USDA Organic



Non-GMO Project Verified



Non-GMO[§]



Gluten Free



Vegetarian



Vegan Friendly



Soy Free



Dairy Free



No Artificial Colors, Flavors or Preservatives

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§Does not contain genetically engineered ingredients.





Get restful sleep.

The key to quality sleep? Giving your body what it needs to relax, unwind and reset – so you can wake up refreshed, recharged and ready for the day ahead.

Nutrients for sleep

Sleep can have a wide-ranging impact on your mood, focus and immune system. Give your body the nutrients it needs to promote healthy sleep.



Scan here to learn more about our sleep products and helpful tips for a good night's sleep.



Melatonin

This hormone found naturally in the body promotes good sleep.



Magnesium

A mineral used by the body to help regulate neurotransmitters that tell the body to rest.



Lavender, Chamomile & Passionflower

Botanicals known to help calm and soothe the body and mind.



**Coming
Soon!**



Coming Soon! Nutrilite™ Sleep Health

Powered by 3 mg of plant-based Melatonin from Tomatoes to help you fall asleep faster and stay asleep longer with no grogginess.[†] Each plant-based capsule also contains Chamomile Flower Extract from Chamomile grown on our own farms. Supports sleep health so you can wake up recharged and ready for the day ahead after a good night's sleep.

127940 30 Capsules \$29.00



**Get restful sleep
with Phytomelatonin**

Sourced from Tomatoes, Phytomelatonin is a plant alternative Melatonin. It supports your body's natural sleep and wake cycle to help you fall asleep so you can wake up refreshed after a good night's sleep.

Relax, rest, repeat.

Keeping occasional stress in check and getting good sleep go hand in hand to keep you feeling your best.



n+ by Nutrilite™ Sweet Dreams – Sleep Gummies

These Blueberry Lavender sleep support gummies are made with 3 mg of Melatonin and 5 mg of Passionflower, a botanical traditionally used to promote a good night's sleep.[†]

124506 30 Servings \$19.50



“In love. Sweet Dreams is the most appropriate title for these gummies. They get the job done!”

Tasha
Customer



Nutrilite™ Magnesium

Uniquely designed triple blend of marine-sourced magnesium to help support sleep, occasional stress, heart, nerves, muscles, energy and brain health—absorbing 2X better.^{^†} Enhanced with Olive Fruit Extract for heart and antioxidant support.[†]

128032 60 Capsules \$34.00



*The NSF logo is a registered trademark of NSF International.

[^]Based on absorption study results compared to a leading form of magnesium.

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Feel good and stress less.

Stress affects everything from focus and mood to sleep and immune health. Managing occasional stress with the right support can help you stay balanced, think clearly and feel more at ease. Follow these simple stress-reducing tips so you can take on each day with a sense of calm and clarity.

Nutrients for stress & mood support



Lemon Balm

This fragrant herb from the mint family has been used for centuries as a calming botanical.



Lavender, Chamomile & Passionflower

Flowers known for their soothing and calming effects on the body.



Ashwagandha

Used in Traditional Ayurvedic Medicine to support the body's response to occasional stress.



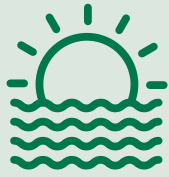
L-Theanine

A natural amino acid known to help reduce occasional stress.



Cut back on caffeine

While it can help kick-start your day, too much can leave you feeling drained and exhausted.



Get outside

Spending time in nature can ease stress, boost your mood and improve your focus throughout the day.



Breathe in, breathe out

Deep breathing exercises help reduce stress, lower blood pressure and keep you feeling balanced.

Brighten your mood.

Balance your day with support for occasional stress. Choose what works for you based on desired benefits, plant ingredients, format and more.



Nutrilite™ Stress Relief Probiotic

Double defense formula with clinically supported levels of two strains of 18 billion CFUs and 10 mg of unique non-GMO Extramel®**† Melon concentrate, a powerful antioxidant defense system.† Helps reduce occasional stress, support immune health, fight mental fatigue and aid healthy digestion.†

125514 30 Capsules \$48.00



n* by Nutrilite™

Less Stress, More Yes – Relax Gummies

Enjoy Mango-Lemon flavored gummies to help reduce occasional stress with 50 mg of L-Theanine and 20 mg of Lemon Balm Extract.†

124505 30 Servings \$19.50



Nutrilite™ Organics Chamomile Tea

Soothes and relaxes with a caffeine-free, custom blend of USDA Organic herbs and flowers like Hibiscus, Chamomile and Lavender, plus Echinacea grown on our own organic farms.†

308636 20 Tea Bags \$17.00





**890 mg provides
Withanolides =
7,000 mg
Ashwagandha**



Nutrilite™ Organics Ashwagandha

Provides support for occasional stress, restful sleep and a balanced mood with 890 mg Ashwagandha grown on our own certified organic farms and partner farms.† Each serving contains Withanolides, the key plant nutrient, equal to 7,000 mg Ashwagandha Root.

308641 60 Capsules \$44.00



†This statement has not been evaluated by the Food and Drug Administration.

*The NSF logo is a registered trademark of NSF International.



**Extramel® is a registered trademark of Bionov Corporation.

∞Based on product label claims and online claims as of October 28, 2025.

†Nature's Bounty® is a registered trademark of Societe des Produits Nestle S.A.

‡Gaia Herbs® is a registered trademark of Gaia Herbs, Inc.

See how we compare[∞]

Nutrilite™ Organics Ashwagandha Capsule	Nature's Bounty [†] Anxiety & Stress Relief	Gaia Herbs [‡] Ashwagandha Root
890 mg Ashwagandha	600 mg Ashwagandha	350 mg Ashwagandha
Occasional stress support and promotes a balanced mood & good sleep [†]	Supports occasional stress and anxiety, relaxed mood [†]	Stress support [†]
 	✗	✗

Stay energized. Naturally.

Fuel your day with botanically based supplements designed to support energy and focus. Packed with nutrient-rich ingredients, these products help you stay sharp, fight fatigue and power through whatever's ahead.

Nutrients for energy & focus



Cistanche Tubulosa

Supports mental focus, concentration and memory to keep you sharp.



B Vitamins

Help convert food into energy and support healthy cell function.



Multivitamins and Minerals

Provide a strong foundation for metabolism and help fill daily nutrient gaps.



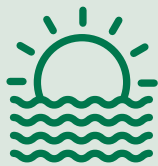
Ginkgo Biloba

Supports brain health, short-term memory and healthy blood flow.



Eat good fats

Fats from avocados, whole eggs, salmon, nuts and seeds help you feel fuller longer and keep your energy steady throughout the day.



Step outside

Just a few minutes outdoors can lift your energy and mood. Take a quick stroll before work or on a break for a natural refresh.










Work it out

High or even low-intensity movement can boost your body's natural hormones and keep your energy up.

Fuel your focus.

Stay energized with Nutrilite™ supplements that support healthy energy levels.†

Get a pick-me-up from XS™ Energy Drinks | See page 80

Supports mental focus [‡]	Wellness, energy and digestion support [‡]	Stay sharp and fight occasional fatigue [‡]
 <p>XS™ Energy + Focus Dietary Supplement</p> <p>Helps maximize physical endurance and mental focus during exercise.[‡]</p> <p>101593 60 Tablets \$41.00 107846 30 Tablets \$29.50 (Three 10-tablet blister packs)</p> 	  <p>Nutrilite™ Organics Green Superfood Powder</p> <p>Support your energy and overall wellness[‡] with 6 essential B-Vitamins and nutrients from 10 vegetables and grasses including Broccoli, Spinach and Kale from our certified organic partner farms.</p> <p>125937 30 Servings \$45.00</p> 	 <p>Nutrilite™ Ultra Focus + Energy Pack</p> <p>This convenient pack of supplements helps maximize focus and supports energy and mental sharpness.[‡] Includes 75 mg of Caffeine from Green Tea Extract, 100 mg Rhodiola Rosea, 60 mg of Ginkgo Biloba and 150 mg of Cistanche Tubulosa[‡].</p> <p>123842 20 Packets \$42.00</p> 

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

[‡]The NSF logo is a registered trademark of NSF International.

[‡]Preliminary clinical research shows Nutrilite™-exclusive cistanche extract helps improve memory, focus and recall after six weeks of daily use.

Energy & Focus Support



Nutrilite™ Vitamin B Dual-Action Supplement

Provides instant and time-released 8 essential B-Vitamins for all-day energy support.¹

110171	120 Tablets	\$38.00
122971	30 Tablets	\$12.75

(Two 15-tablet blister packs)



Support your immune system.

Your immune system works hard to protect you every day. Support it with plant-based nutrients and follow these tips to stay strong, resilient and ready for whatever comes your way.

Nutrients for immune health



Vitamin C

Packed into citrus fruits, this antioxidant helps protect your body from free radicals.



Vitamin D

Sourced from mushrooms, this vitamin helps keep your body's natural defenses strong.



Zinc

A key mineral that supports your immune system and overall wellness.



Probiotics

Essential for a healthy, balanced gut – your body's first line of defense.



Stay hydrated

Drinking plenty of water fuels a healthy immune system by helping deliver vital nutrients. But how much is enough? A good rule of thumb is to drink half your body weight in ounces of water each day.



Get in your ZZZs

Poor sleep can weaken your immune system. Setting – and sticking to – a regular sleep schedule while getting 7-9 hours each night helps keep your body's defenses strong and ready.



Work up a sweat

Regular exercise keeps your immune system active by helping immune cells move throughout the body. Whether it's a brisk walk or intense workout, staying active supports overall wellness.

Dual-impact immune defense.

Support your immune system in two ways with foundational daily vitamins and get targeted support.

Step 1



Foundational immune support

A healthy immune system starts with proper nutrition. Pair your daily multivitamin with Vitamin D and Probiotics to help fill gaps.[†]

See page 49

Step 2



Targeted immune support

Antioxidants that help defend against cell-damaging free radicals.[†] When you need extra support, reach for a targeted supplement regimen.

See pages 50-51

Foundational immune support.

Support your immune health every day with key supplements like Vitamin D and Probiotics.



Vitamin D amount equivalent to 16 cups of fortified milk.



Nutrilite™ Vitamin D

50 mcg of nutrient-rich Vitamin D sourced from Mushrooms helps support healthy immune function and bone health[†]. Includes Vitamin K2 to support Vitamin D absorption.

119346 90 Tablets \$29.00



[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.

‡With regular use.

Nutrilite™ Balance Within™ Probiotic

Unique blend of clinically tested probiotic strains with 6.3 billion CFUs supports immune health and healthy digestion with Arrive Alive and Stick to the Gut Technologies.[‡]

120571 30 Stick Packs \$43.00



Targeted immune support.

Supports respiratory health [†]	Support your body's natural defenses [†]	Great tasting immune supporting gummies [†]
<div data-bbox="268 779 513 1136" data-label="Image"> </div> <div data-bbox="188 1251 531 1310" data-label="Section-Header"> <p>Nutralite™ Immunity Defense Zinc + Holy Basil</p> </div> <div data-bbox="188 1314 544 1514" data-label="Text"> <p>Support your immune and respiratory systems with a unique combination of 400 mg Holy Basil and 100 mg Orange Bioflavonoids from plants grown on our partner farms, plus 20 mg Zinc with Selenium and Copper.[†]</p> </div> <div data-bbox="188 1522 528 1554" data-label="Text"> <p>124692 60 Tablets \$17.75</p> </div> <div data-bbox="188 1562 359 1631" data-label="Image"> </div>	<div data-bbox="691 789 954 1136" data-label="Image"> </div> <div data-bbox="622 1251 860 1310" data-label="Section-Header"> <p>Nutralite™ Immunity Echinacea</p> </div> <div data-bbox="622 1314 997 1484" data-label="Text"> <p>This unique, triple blend of 506 mg Echinacea extracts from plants grown on our Nutrilite™ farms is clinically tested to support immune function.[†] Includes 100 mg Citrus Multiflavonoid Concentrates.[†]</p> </div> <div data-bbox="622 1493 962 1524" data-label="Text"> <p>A5986 120 Tablets \$39.00</p> </div> <div data-bbox="622 1533 786 1604" data-label="Image"> </div>	<div data-bbox="1126 783 1394 1142" data-label="Image"> </div> <div data-bbox="1069 1251 1409 1310" data-label="Section-Header"> <p>n⁺ by Nutrilite™ Go Shield – Immunity Gummies</p> </div> <div data-bbox="1069 1314 1399 1514" data-label="Text"> <p>These Elderberry-Lemon flavored gummies taste great and are packed with 90 mg of Vitamin C, 7.5 mg of Zinc and 100 mg of Elderberry for immune system supporting benefits.[†]</p> </div> <div data-bbox="1069 1522 1425 1554" data-label="Text"> <p>124555 30 Servings \$22.00</p> </div> <div data-bbox="1069 1570 1236 1623" data-label="Image"> </div>

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.

There's more than one way to support your immune system.

8 hour immune health support [†]	Clear your nasal passages, naturally [†]	Immune support [†]
<div data-bbox="272 779 523 1161" data-label="Image"> </div> <div data-bbox="193 1257 434 1316" data-label="Section-Header"> <p>Nutralite™ Vitamin C Extended Release</p> </div> <div data-bbox="193 1325 544 1465" data-label="Text"> <p>Provides immune support from 500 mg of Vitamin C, including Acerola Cherry from our farms, in a slow, steady-release formula for all-day support.[†]</p> </div> <div data-bbox="193 1476 531 1535" data-label="Text"> <p>109745 60 Tablets \$20.00 109747 180 Tablets \$54.00</p> </div> <div data-bbox="199 1545 363 1612" data-label="Image"> </div>	<div data-bbox="708 800 948 1161" data-label="Image"> </div> <div data-bbox="628 1257 903 1316" data-label="Section-Header"> <p>Nutralite™ ClearGuard™ Supplement</p> </div> <div data-bbox="628 1325 979 1549" data-label="Text"> <p>A trio of Acerola Cherry, Cinnamon and Spanish Needle from plants grown on our farms and partner farms works to help clear your nasal passages naturally in 3 days or less so that you can get back to living your best life.[†]</p> </div> <div data-bbox="628 1560 963 1591" data-label="Text"> <p>102735 180 Tablets \$27.00</p> </div> <div data-bbox="628 1602 788 1669" data-label="Image"> </div>	<div data-bbox="1091 852 1426 1161" data-label="Image"> </div> <div data-bbox="1066 1257 1417 1316" data-label="Section-Header"> <p>Nutralite™ Organics Immunity Superfood Powder</p> </div> <div data-bbox="1066 1325 1406 1549" data-label="Text"> <p>Each mixed berry flavored serving is packed with nutrients from 10 purple and red superfruits. Starring Acerola Cherries and Elderberries grown on our certified organic farms and partner farms for immune support.[†]</p> </div> <div data-bbox="1066 1560 1406 1591" data-label="Text"> <p>125936 30 Servings \$45.00</p> </div> <div data-bbox="1066 1602 1235 1669" data-label="Image"> </div>



Age strong.

Movement and nutrition are key to healthy aging. Support your eyes, bones, joints and heart, and get the right nutrients to help you be at your best at every stage.

Nourish your body for life at [Amway.com/wellness-needs](https://www.amway.com/wellness-needs)



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Look for these certifications and icons on specific products in this section.

-  NSF Contents Certified
-  Non-GMO Project Verified
-  USDA Organic
-  Non-GMO[§]
-  Dairy Free
-  Vegetarian
-  Gluten Free
-  No Artificial Colors, Flavors, Preservatives

*The NSF logo is a registered trademark of NSF International.
§Does not contain genetically engineered ingredients.

Support healthy bones and joints.

Keep your body moving with daily habits that support flexibility, mobility and joint comfort. Regular exercise and nourishment with nutrients such as Calcium, Vitamin D and Magnesium support healthy bones and joints. Take care of your foundation and do what you love every day.

Nutrients for bone & joint support



Magnesium

Found in whole grains, helps your body regulate calcium levels and keep bones strong.



Calcium & Calcified Seaweed

One of the most concentrated botanical sources of natural calcium and magnesium.



Glucosamine

Found naturally in shrimp, has been clinically tested to support joint health.



Turmeric Curcuminoids

The antioxidant powerhouse of Turmeric root provides joint support and more.



Get your exercise

Staying active helps maintain strong bones and can help lower your risk of joint issues over time.



Eat mindfully

Load up on calcium-rich foods like dairy, leafy greens and seeds – or add a calcium supplement to your routine for extra support.



Limit your sugar intake

Too much sugar can lead to inflammation, making muscles and joints feel sore and stiff. Cutting back helps keep you feeling your best.

Make healthy moves.

Your bones and joints are the basis for every move you make. Support your bones and joints by choosing the best format, ingredients and benefits for your needs.



Nutrilite™ Organics Turmeric

Provides 3-in-1 support for healthy joints, a healthy inflammatory response, and help relieving minor post-exercise aches and pains.[†] Made with a powerful Turmeric Extract that's 45X more absorbable than standard Turmeric Extract, so each 400 mg serving provides curcuminoids equal to 6,000 mg of standard Turmeric Extract.[†]

308642 60 Capsules \$33.00



[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.



Nutrilite™ Joint Health

A unique blend of seven powerful joint-supporting ingredients to support healthy joints.[†] Includes clinically significant levels of Glucosamine and Chondroitin, plus Vitamin C from Acerola Cherries.

104664 120 Tablets \$36.00
106964 240 Tablets \$64.00





Plant-based Calcium and Magnesium from Calcified Icelandic Seaweed.



Nutrilite™ Vitamin D

50 mcg of Vitamin D from Mushrooms helps support strong, healthy bones by helping your body absorb Calcium.† Includes Vitamin K2 to support Vitamin D absorption.

119346 90 Tablets \$29.00



Nutrilite™ Cal Mag D

Helps support healthy bones with 600 mg Calcium and 200 mg Magnesium derived from calcified Icelandic Seaweed, plus Vitamin D to optimize absorption.†

110610 180 Tablets \$43.00



Nutrilite™ Bone Health Pack

Helps build, support and maintain healthy bones.† Each daily serving contains, Cal Mag D, Vitamin D and Bone Guard supplement (not sold separately).

123362 60 Packets \$103.00 (30 A.M. & 30 P.M.)



Support your brain and vision.

Your brain and eyes work hard every day. Support them with Nutrilite™ supplements to help support memory, enhance focus and support healthy vision.

Nutriline™ Memory Builder™ Supplement

Provides support for short and long-term memory and supports optimal blood flow to help nourish the brain.[†] Each serving includes a blend of Cistanche Tubulosa and Ginkgo Biloba[†] grown on our farms and partner farms.

111106 60 Tablets \$42.00



Nutriline™ Organics Lions Mane Mushroom

Supports brain health, cognitive function, and nerve function with DNA verified Lion's Mane Mushrooms grown on our certified organic partner farms.[†] Each serving provides 540 mg of 20X Lion's Mane Mushroom Extract[†], equal to 10,800 mg dry powder.

308639 60 Capsules \$34.00



Nutriline™ Vision Health

Nutrients to support healthy aging eyes, help eyes filter blue light and support visual adaptation to light, including night vision.[†] Get plant-based eye nourishment with 15 mg Lutein and 3 mg Zeaxanthin from Marigolds, Lycopene from Tomatoes and Beta Carotene from Algae – all from plants grown on Nutrilite™ partner farms.

124708 60 Softgels \$35.00



n⁺ by Nutrilite™ Eye Mojo – Blue Light Vision Gummies

3-in-1 support for eyes exposed to blue light from everyday digital devices[†] with 20 mg of Lutein, 4 mg Zeaxanthin and 40 mg Bilberry extract.

125544 30 Servings \$22.00



[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.

[†]Contains Lion's Mane Mushroom at 20:1 extract ratio.

Heart Health

Don't skip a beat when it comes to heart health

Your heart beats about 2.5 billion times in your lifetime, delivering blood, oxygen and nutrients each time to every cell in your body.

Support this hard-working organ with heart health supplements.

Omega-3 supplements are a great place to start, but you can also look at ones that deliver Coenzyme Q10 (CoQ10), Garlic or nutrients that support already normal cholesterol health.

Sometimes a few of the supplements will come grouped together in a convenient package. Find what works for you and add it to your daily routine to start giving your heart health regular support.



NutraLite™ Heart Health Pack

Help support a healthy heart.[†]
Each daily serving contains:

- Advanced Omega
- Heart Health CoQ10
- Cholesterol Health

123367 60 Packets (30 A.M & 30 P.M.) \$130.00



Contains Peppermint Oil coating to help minimize 'garlic breath.'



NutraLite™ Garlic Heart Care

Garlic provides key nutrients to support your cardiovascular health and may help maintain already normal blood pressure and cholesterol levels.[†] Contains 6 mg of clinically significant levels of Allicin which is found in 1 1/2 Garlic Cloves.[†]

A5923 120 Tablets \$32.00



Help support a healthy heart.



Nutralite™ Heart Health CoQ10

Helps maintain necessary CoQ10 levels, which help produce energy to support heart health.† It also supports the liver, kidneys and all cells with daily use.†

A8601 60 Softgels \$20.00



Nutralite™ Cholesterol Health

Helps maintain already normal cholesterol levels with phytonutrients and antioxidants to help protect against cell-damaging free radicals.†

100070 60 Softgels \$35.00



Nutralite™ Omega

Provides over 500 mg of Omega-3 fatty acids in an easy and convenient once-daily softgel format. Clinically tested to provide 3X better absorption^{††} of EPA, DHA and ALA Omega-3s with a reduced fishy aftertaste.

126132 30 Softgels (30-day supply) \$24.00



††Compared to regular fish oil with no absorption technology.



Nutralite™ Advanced Omega

Clinically tested to provide 3 times enhanced absorption^{††} of over 1,000 mg essential Omega-3 fatty acids to help support heart, brain, eye, joint, skin and cellular health.†

126136 60 Softgels \$40.00



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.

Support at a cellular level.

Healthy cells are the foundation of a healthy body. Adding antioxidant-rich, plant-based supplements to your routine can help support cellular health.



Nutrilite™ Liver Support

Provides antioxidant protection from free radicals and supports normal liver function with plant-based ingredients, including Dandelion Root, Turmeric and more.†

A8084 60 Tablets \$35.00



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.



Nutrilite™ Chewable Vitamin E

Provides 60 mg of Vitamin E for antioxidant protection from free radicals and helps support cellular health.† These chewable tablets have a natural Maple-Walnut flavor, sweetened with Honey.

A4042 270 Tablets \$43.00





Nutrilite™ Double X™ Multivitamin Supplement

Our most powerful plant-based multivitamin made with 22 vitamins, minerals and nutrients from 22 fruits, vegetables and herbs – including Rosemary, Turmeric and Quercetin from Fava d’Anta and more. With antioxidants to help fight oxidative stress to protect against cell-damaging free radicals.¹

A4300	31-Day Supply with Tray/186 Tablets	\$66.00
A0244	31-Day Refill/186 Tablets	\$64.00
123364	10-Day Supply/20 packets	\$24.00



What are Antioxidants?

Antioxidants help your body combat free radicals – the cell-damaging substances produced by your internal systems.

What are Free Radicals?

Free radicals are unstable molecules that can harm your body’s cells. Internally, they form as your body converts food into energy, while external free radicals come from sources like pollution, UV rays and other environmental stressors.

Essentials made for men.

Take charge of your routine with nutrition designed just for men. From daily multivitamins to targeted support for a healthy prostate and heart, the Nutrilite™ brand offers targeted supplements help support immune health, muscle health or energy levels while ensuring your body gets the nutrients it needs to stay strong and perform at its best.



Nutrilite™ Organics Men's Daily Multi Gummies

Provides nutrients to help support men's top needs like Immune Health, Energy, Muscle Health and Heart Health in delicious USDA Organic gummies. Delivers 13 vitamins and minerals with 75 mg organic plant nutrients.

125561 120 Gummies \$36.00



Nutrilite™ Men's Daily Multivitamin

Essential vitamins & minerals designed for men, plus 200 mg of Tomato, Purple Carrot, Acerola Cherries, Elderberry and Turmeric in a once-daily tablet.

125557 90 Tablets \$34.00



Nutrilite™ Prostate Health

Contains Saw Palmetto, Nettle Root and Pumpkin Seed Oil to support normal prostate function and urinary flow in men.[†]

A8004 100 Softgels \$46.00



[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.



13 vitamins & minerals and 75 mg organic plant nutrients.



Nutrilite™ Horny Goat Weed & Tribulus

Provides plant-based support for sexual health and healthy libido in both men and women with ingredients from plants grown on our certified organic partner farms.† Made with Tribulus standardized to 85% Saponins, the key plant nutrient, so you get more plant power in every serving.

308640 60 Capsules \$45.00



Nutrilite™ Men's Pack

Made with men's nutrition needs in mind.

Each packet contains:

- Men's Daily Multivitamin Tablet
- Concentrated Fruits and Vegetables
- Omega
- Vitamin C Extended Release

123365 30 Packets \$74.00



**Nutrilite™ Organics
Women's Daily Multi Gummies**

Provides nutrients to help support top women's needs like Immune Health, Energy Metabolism, Bone Health and Eye Health in delicious USDA Organic gummies.† Delivers 15 vitamins and minerals with 75 mg organic plant nutrients.

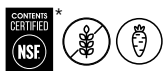
125562 120 Gummies \$36.00



Nutrilite™ Horny Goat Weed & Tribulus

Provides plant-based support for sexual health, intimacy and healthy libido in men & women.† Made with ingredients from plants grown on our certified organic partner farms.

308640 60 Capsules \$4.500



Nutrilite™ Women's Pack

Each packet contains:

- Women's Daily Multivitamin Tablet
- Concentrated Fruits and Vegetables
- Cal Mag D
- Hair, Skin & Nail Health

123372 30 Packets \$59.00



Nutrilite™ Cycle Support

Includes clinically studied Chasteberry and Saffron to help ease common symptoms, including abdominal discomfort, breast tenderness, and natural mood swings during menstrual cycle.**† Also contains Grape Seed Extract to provide antioxidant support.†

126161 30 Capsules \$38.00



Support for every stage of life.

With everything from daily multivitamins and cycle support to prenatal health and menopause, we meet you where you are to support your wellness at every stage.

Support strong bones [†]	Prenatal health support	Menopause symptom relief [†]
<div data-bbox="252 720 523 1136" data-label="Image"> </div> <div data-bbox="189 1228 442 1262" data-label="Section-Header"> <p>Nutralite™ Cal Mag D</p> </div> <div data-bbox="189 1264 491 1465" data-label="Text"> <p>Helps your body maintain healthy bones at every age with 600 mg Calcium and 200 mg Magnesium derived from calcified Icelandic seaweed, plus Vitamin D to optimize absorption.[†]</p> </div> <div data-bbox="189 1472 544 1503" data-label="Text"> <p>110610 180 Tablets \$43.00</p> </div> <div data-bbox="194 1526 308 1596" data-label="Image"> </div>	<div data-bbox="687 777 951 1136" data-label="Image"> </div> <div data-bbox="624 1232 858 1264" data-label="Section-Header"> <p>Nutralite™ Iron Folic</p> </div> <div data-bbox="624 1266 983 1383" data-label="Text"> <p>Folic Acid and Iron help transport oxygen throughout your body and support prenatal health during pregnancy.[†]</p> </div> <div data-bbox="624 1392 976 1423" data-label="Text"> <p>102046 90 Tablets \$17.00</p> </div> <div data-bbox="628 1440 742 1512" data-label="Image"> </div>	<div data-bbox="1123 777 1422 1136" data-label="Image"> </div> <div data-bbox="1070 1230 1331 1289" data-label="Section-Header"> <p>Nutralite™ Complete Menopause Support</p> </div> <div data-bbox="1070 1291 1415 1493" data-label="Text"> <p>Includes Siberian Rhubarb to relieve common, natural symptoms associated with menopause, including mood swings, hot flashes and night sweats, and helps support sexual libido and bone health.[†]</p> </div> <div data-bbox="1070 1503 1442 1533" data-label="Text"> <p>126154 30 Tablets \$39.00</p> </div> <div data-bbox="1075 1558 1241 1612" data-label="Image"> </div>

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.
 **When consumed daily for a minimum of 2 menstrual cycles.

Help support skin from within.

As we age, collagen production slows, bringing fine lines, wrinkles and less skin elasticity. Give your skin some extra love with collagen shots, tasty gummies or easy-to-mix peptide powder – each packed with skin-loving ingredients like Acerola Cherry, Aloe and Wheat Ceramides to help support overall skin health.

Skin health starts at [Amway.com/beauty-within](https://www.amway.com/beauty-within)

36%

Research shows that collagen peptides can safely make up 36% of your daily protein intake.**

Why collagen?

Collagen is a protein in your body that helps give skin structure, elasticity and that famous “bounce” that makes skin full and youthful looking.

Collagen made easy

Enhance your diet with convenient collagen supplements to support healthy skin from within.

**Source: Amway; <https://www.amway.com/discover/nutrition/collagen-peptides-benefits>



n* by Nutrilite™ Collagen Shots

Cheers to a convenient and delicious, Cherry-Berry flavored shot. Made with a powerful blend of 7 g of Collagen, 60 mg of Hyaluronic Acid and 25 mg Acerola Cherry superfruit to help support healthy skin from the inside out.[†]

124936 9 Shots – 89 mL/3.0 fl. oz. each \$42.00



n* by Nutrilite™ #nofilter Collagen Peptides

Mix into your favorite bevvies for a potent beauty boost: 13 g of Collagen to nourish skin and Aloe extract for antioxidant protection.[†]

125553 Fifteen 13.5 g/0.48 oz. Sachets \$32.00



n* by Nutrilite™ #nofilter Collagen Gummies

Made with a blend of Vitamins C and E, Amla Fruit, Wheat Ceramides and Collagen to help nourish skin.[†]

125545 45 Gummies \$23.00



Nutrilite™ Hair, Skin & Nail Health

Each all-in-one serving combines 1,000 mcg Biotin, 500 mg Collagen and powerful plant nutrients from our farms and partner farms to help support healthy hair, skin and nails.[†]

A7553 60 Tablets \$26.00



[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.



We grow plants, so you can grow kids!

Help kids grow big, little by little! Nutralite™ Kids products help fill the gaps in their diet, providing essential vitamins and minerals to support growing kids. Made with wholesome nutrients from plants grown on our farms and partner farms.

All the products in this section are:



Gluten Free



Dairy Free



No Artificial Colors, Flavors or Preservatives



NSF Contents Certified



Non-GMO[§]

Look for these certifications and icons on specific products in this section.



Vegetarian



Sugar Free

*The NSF logo is a registered trademark of NSF International.
§Does not contain genetically engineered ingredients.



Farm-grown peace of mind

We care for our plants the way you care for your kids. Every nutrient-rich ingredient is carefully nurtured from seed to harvest and fully traceable for purity and quality you can trust.



Kid-tested, mom-approved

We know kids can be picky, making it tricky to get all the nutrients they need. That's why our plant-based products are packed with essential vitamins and minerals – deliciously designed to support growing minds and bodies in fun formats they'll love.









Feed colorfully

A rainbow of whole fruits and veggies helps kids get the nutrients they need to grow big and strong. To help fill gaps, keep essentials like Zinc and Vitamins C and D3 on hand to support their immune system – even when their food preferences change.

Fun, flavorful, kid-friendly.

Healthy habits start young! Made with plant-based ingredients, these supplements make enhancing your child's nutrition simple and delicious. Support growing kids, little by little.

Brain health support	Toddler immune support	Kids immune support
 <p>Nutralite™ Kids Brainiums DHA™ Jelly Splats</p> <p>Sugar-free Strawberry-Citrus flavored jelly splats help support your child's brain health with 360 mg Omega-3s.[†] Includes DHA and EPA from sustainably sourced Fish, as well as ALA from organic Chia Seeds from our partner farms. For ages 4+.</p> <p>305554 30 Jelly Splats \$26.00 (2 blister packs/15 jelly splats each)</p> 	 <p>Nutralite™ Kids Toddler Immunity Drops</p> <p>These drops uniquely combine plant botanical ingredients with Vitamins C, D3 and Zinc. This easy-to-use dropper gives your little ones the right amount for daily immune support.[†] For ages 1-3 years old.</p> <p>126185 30 mL/1.01 fl. oz. \$24.00</p> 	 <p>Nutralite™ Kids Complete Immunity Fast-Melt Powder</p> <p>Immune support in a convenient, easy-to-carry stick pack because we want your kids to thrive wherever they are.[†] Made with Acerola Cherries, a rich source of Vitamin C that can be tracked from seed to supplement. For ages 4+.</p> <p>123046 30 Stick Packs \$29.00</p> 

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Nutrilite™ Kids Daily Chewable Multivitamin

Supports growing and developing kids with 18 vitamins and minerals to help support bone, eye and immune health.¹ Made with traceable ingredients like Spinach, Blueberry, Pineapple, Guava and more. For ages 4-12 years old.

123043 60 tablets \$19.00



Weight management support.

Support weight loss efforts, without cutting back on the vitamins, minerals, and nutrients your body needs.



Plant ingredients



Gold Kiwi

Provides 100 mg whole Kiwi-Fruit Powder that, when combined with other prebiotics helps feed beneficial bacteria in the gut.



Purple Carrots

Contains dietary fibers for your gut and anthocyanin phytonutrients for antioxidant support.

Nutrilite™ Metabolic Pre & Postbiotic

Help support a healthy weight with a blend of gut-healthy ingredients.† The Nutrilite™ Metabolic Pre & Postbiotic contains prebiotics, botanicals, B-Vitamins and an award-winning postbiotic that may help support healthy body composition, a healthy waistline and normal metabolic function.**†

127620 60 Capsules \$40.00



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

‡Anyone with a medical condition, including diabetes and hypoglycemia, should consult a physician before using this product.

*GreenSelect® is a registered trademark of Idena S.p.A.

**When combined with a healthy diet and exercise.



Nutrilite™ Slimmetry™ Dietary Supplement

The GreenSelect® phytosome caffeine-free Green Tea Extract is designed to help you lose weight when combined with diet and exercise.[†]

117085 60 Tablets \$33.00



Nutrilite™ Carb Blocker

Blocks carbs without depriving your body of vitamins, minerals and fiber. Designed to inhibit the digestion of both simple sugars and complex carbohydrates.[†]

100193 90 Tablets \$37.00



Nutrilite™ Lean Muscle

Provides Conjugated Linoleic Acid (CLA), an essential fatty acid, which is designed to help reduce body fat and support lean muscle retention when combined with a reduced-calorie diet and moderate physical activity.^{††}

100280 180 Softgels \$52.00



Convenience Packs

Grab, go, thrive.

Stay nourished and energized wherever life takes you. From hydrating water infusers to wholesome snack bars, these convenient options make wellness easy – anytime, anywhere.



Infuse your water to make it extra refreshing!



Nutrilite™ Twist Tubes 2GO™ Variety Pack

All the flavors together! Includes 10 Antioxidant Health, 5 Joint Health and 5 Immunity Health[†] water infuser tubes.

110922 20 Tubes \$24.00



[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.



Nutralite™ Twist Tubes 2GO™ Joint Health

Raspberry flavored water infusers include Vitamin C and 1,500 mg of Glucosamine to help support healthy joints.[†]

110857 20 Tubes \$24.00



Nutralite™ Twist Tubes 2GO™ Antioxidant Health

Mango-Citrus flavored water infusers are an excellent source of Vitamins A and C to support a healthy immune system as well as eye and skin health.[†]

110538 20 Tubes \$24.00



Nutralite™ Twist Tubes 2GO™ Immunity Health[†]

Strawberry-Kiwi flavored water infusers contain 1,000 mg of Vitamin C and Vitamins B1, B2, B3 and B6 to help support immune health.[†]

110855 20 Tubes \$24.00



Nutralite™ Wellness Bars

Packed with wholesome ingredients, including 8 g of protein, these Wellness Bars are a great, on-the-go solution for the whole family. Made with no artificial flavors, colors or preservatives.

111045 Nutty Dark Chocolate \$29.00
12 Bars







Positive energy.

Ready to take your fitness to the next level? Our XS™ brand offers a complete line of great-tasting energy drinks and sports nutrition products to support your goals.

Elevate your performance at [Amway.com/xs](https://www.amway.com/xs)



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Look for these certifications and icons on specific products in this section.



NSF Contents Certified



Non-GMO[§]



Gluten Free



Soy Free



Dairy Free



Lactose Free



No Artificial Colors, Flavors, Preservatives



Sugar Free



Orthodox Union



Caffeine Free



No Animal Testing

*The NSF logo is a registered trademark of NSF International.

[§]Does not contain genetically engineered ingredients.

Taste conquers all.

With B-Vitamins, 114 mg of caffeine and naturally bold flavor, XS™ fuels your focus without the sugar crash. No added sugar. Naturally flavored. All taste.

Fuel your body with the right energy.

Some energy drinks overload you with caffeine, along with fillers and artificial flavors and colors. Not to mention the added sugars in traditional energy drinks and sports drinks! XS™ Energy Drinks are made with premium ingredients and only what your body needs to fuel performance.





New! XS™ Elite Focus Drink

Premium, functional energy built to elevate your performance. Fuel your day with natural caffeine, natural flavors, sweetened with stevia and no artificial preservatives. Rhodiola Rosea and caffeine boost focus during exercise, with essential electrolytes, immune-supporting Vitamin C and a powerful surge of B-Vitamins to keep your drive unstoppable.

266673 Peach Mango \$44.00

Twelve 355 mL/12 oz. Cans**



XS™ Energy + Burn Drinks

Fuel your metabolism.* Packed with powerful, functional ingredients like Green Tea Extract and EGCG, to support your fitness goals and ignite the burn!

127935 Blue Razz

127936 Kiwi Strawberry

Twelve 355 mL/12 oz. Cans** \$42.00

127071 Juiced and Burn Variety Case \$40.00



*Based on two cans per day and 50 mg of EGCG per can. Consuming 100 mg of EGCG per day has been shown to support metabolism and help improve calorie expenditure.



XS™ Energy Drinks

A blast of energy and none of the sugar!™ Packed with 114 mg of Caffeine, mega doses of B-Vitamins and delicious, natural flavors to fuel all of your adventures.

- | | |
|--------------------------|--------------------------------------|
| 126184 Citrus | 126982 Summit |
| 126197 Cranberry-Grape | 126983 Caffeine-Free Cranberry-Grape |
| 126198 Tamarindo | 126998 Watermelon Lemonade |
| 126199 Tropical | 101444 Electric Lemon |
| 126201 Black Cherry Cola | 127070 Variety Case† |
| 126202 Root Beer | |
| 126883 Classic | |
| 126981 Naranja | |

Twelve 355 mL/12 oz. Cans** \$37.00



†Flavors and assortments are subject to change.



XS™ Sparkling Juiced Energy Drinks

All the energy, plus 25% real fruit juice, 280% Vitamin C and no added sugar. Available in three deliciously refreshing, natural flavors.

126984 Caffeine-Free Mango Pineapple Guava

126986 Mango Pineapple Guava

126987 Pink Grapefruit

Twelve 355 mL/12 oz. Cans** \$37.00



**If this product is purchased in a state with a deposit law, the amount of deposit will be added to your cost. For deposit information, visit Amway.com.



**Nutrilite™-
approved
Rhodiola Rosea
helps sharpen
focus.†**

XS™ Pre-Workout Boost

Our most advanced formula yet fuels muscle performance without artificial sweeteners, colors, or preservatives. Contains 4 g of CarnoSyn®†† Beta Alanine, 3.4 g of L-Citrulline, 115 mg natural Caffeine, 100 mg Rhodiola Rosea and a mega dose of B-Vitamins to support your training performance.‡

316375 Blue Raspberry
316376 Green Apple

316377 Blue Raspberry
316378 Green Apple

1 Pouch (30 Servings)
\$55.00

12 Stick Packs
(12 g/.04 oz each)
\$33.00



See how we compare∞

XS™ Pre-Workout Boost	Bucked Up®† Pre-Workout Rocket Pop	PRE Jym® High Performance Pre-Workout - Cherry Limeade^
✓ Beta-Alanine	✓ Beta-Alanine	✓ Beta-Alanine
✓ All 9 EAAs	✗ All 9 EAAs	✗ All 9 EAAs
✓ Natural Sweeteners	✗ Natural Sweeteners	✗ Natural Sweeteners

∞Based on product label claims and online claims as of October 28, 2025.
††Carnosyn® is a registered trademark of Natural Alternatives International, Inc.
†Bucked Up® is a registered trademark of Das Labs, LLC.
^Jym® is a registered trademark of PHD Fitness, LLC.

Energy that goes the distance.

Reach your peak performance potential with natural energy support.

XS™ Energy + Focus Dietary Supplement

Boost energy naturally with 75 mg of caffeine from Green Tea Extract and 100 mg of Rhodiola Rosea. Perfect for heads-down work or to enjoy and perform during your favorite outdoor activity.[†]

101593	60 Tablets	\$41.00
107846	30 Tablets (Three 10-tablet blister packs)	\$29.50



"I started taking these when they first released, and I have never stopped. I literally feel like I have at least 3 more productive hours in my day thanks to the energy and focus tablets."

*Kristin G.
IBO*



Ready to supercharge your workout?

Fuel your body and sharpen your mind with targeted plant-based ingredients. XS Energy + Focus helps you stay mentally locked in and physically energized – so you can bring intensity to every rep, ride or run.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Order through your Independent Business Owner 83

Level up your fitness.

Fuel your workouts with XS™ brand supplements. Help support strength, endurance and recovery – without unnecessary fillers or sugars.



"I have tried many amino acid supplements over the years; the XS Muscle Multiplier[†] is now my favorite and my go to. Thanks for an amazing product."

Mike N.
Customer

XS™ Muscle Multiplier[†] Essential Amino Acid Supplement

Provides all 9 EAAs with an optimized 5:1:1 BCAA ratio. Clinically shown to boost strength and performance.[†] Great-tasting, naturally flavored blend helps build lean muscle with regular weight/resistance training and a healthy diet, without lactose or sugar – and only 20 calories. Take before, during, after exercise or between meals.

126756	Watermelon	126754	Watermelon
126755	Berry Blast	126753	Berry Blast

12 Stick Packs	1 Pouch
(7.4 g/0.3 oz. each)	(30 Servings)
\$34.00	\$50.00



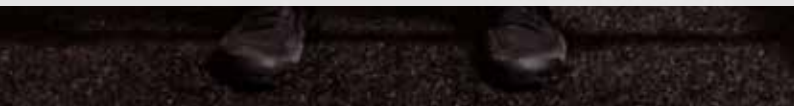
[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*The NSF logo is a registered trademark of NSF International.
[‡]When combined with regular weight/resistance training and a healthy, balanced diet.



Clinically proven results

Shown to enhance strength and endurance to improve workouts and support fat loss.††



Clean fuel for workouts

Naturally flavored, gluten-free, sugar-free and non-GMO for pure performance.



Great-tasting formula

Gains never tasted better! XS™ Muscle Multiplier†† comes in two refreshing flavors.



Tested, trusted & certified

XS™ Muscle Multiplier†† is third-party tested and NSF® Contents Certified for quality.

Strength Support

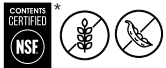


XS™ Grass-Fed Whey Protein Powder

Helps build lean muscle¹ with 30 g of premium Whey Protein Isolate and 6.9 g Branch Chain Amino Acids (BCAAs), sourced from grass-fed cattle, raised without rBGH growth hormones. Free from fillers and gums.

- 128156 Vanilla
- 128154 Chocolate
- 128155 Strawberry

1 Pouch (20 Servings) \$61.00



XS™ Sports Protein Shakes

Delicious, convenient and packed with Whey and Casein proteins to fuel your muscles now and for the long haul. Contains 25 g of protein and 4 g of fiber with no added sugars and just 5 g of carbs.

- 110370 Vanilla Crème
- 110369 Rich Chocolate

Twelve 325 mL/11 fl. oz. Shakes \$53.00

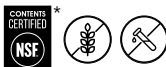


XS™ Sports Protein Bars

These bars are naturally flavored, gluten free with no artificial colors or preservatives, packed with 20 g of Whey and Casein protein to help build and repair lean muscle mass.

- 110385 Chocolate Peanut Butter
- 110386 Chocolate Berry Blast

12 Bars \$42.00



XS™ Protein Crisps

Combine real ingredients with high-quality Pea protein for a simple, savory, guilt-free snack. Great, natural flavor with no sugar, artificial colors, flavors or preservatives.

- 110628 Sriracha Lime
- 110627 Barbeque

12 Servings (42 g/1.48 oz. Bags) \$39.00





Power your performance.

Using protein products that have convenient on-the-go formats may help you stay on track with your daily protein intake goals.

Protein vs. Amino Acids

Simply put, a protein is a group of Essential Amino Acids bonded together. Unlike amino acids, which are readily available to support muscle building and repair, protein must be broken down before it can be used and absorbed. To build lean muscle, aim for 1 g of protein per pound of body weight. Our snacks and shakes are great ways to fill your protein needs throughout the day.

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*The NSF logo is a registered trademark of NSF International.

‡When combined with regular weight/resistance training and a healthy, balanced diet.

Timing your supplements

Taking protein too soon after Essential Amino Acids (EAAs) can interfere with your body's ability to fully absorb them. For best results, consume a high-quality protein, like XS™ Grass-Fed Whey, about 20-30 minutes after taking EAAs. Supplements like XS™ Muscle Multiplier^{††} quickly deliver EAAs to muscles, providing essential building blocks to maximize workout performance and recovery.

Order through your Independent Business Owner 87

Strength Support

Strength starts here.

Backed by science and built for performance, new XS™ Creatine helps you power through reps and recharge post-workout.† It's strength support you can count on, whether you're chasing a new PR, lifting heavier or building lasting endurance.†



Coming Soon!

Coming Soon! XS™ Creatine+

XS™ Creatine+ is a performance game-changer, designed to take your training to the next level. Powered by a triple-action formula, it combines 5 g of Creatine Monohydrate for strength and power, 2 g of HMB to support muscle recovery and reduce breakdown, and 786 mg of Electrolyte Matrix to promote optimal hydration and endurance.† Unflavored and unsweetened, XS™ Creatine+ mixes seamlessly with your favorite flavored beverage—giving you all the benefits, without compromising taste.

128463 Unflavored

30 Servings

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Creatine Monohydrate

Creatine supports ATP production, which is your body's main energy source for high-intensity exercise. This helps improve performance and support brain function. XS™ Creatine is your go-to for powering through reps and bouncing back after a workout.†



Hydroxymethylbutyrate (HMB)

HMB is made when the body breaks down leucine and supports building muscle and boosting athletic performance. It also supports recovering by reducing muscle tissue breakdown.



Electrolyte Support

XS™ Creatine contains a 786 mg balanced electrolyte blend of Calcium, Magnesium and Potassium.[†] Electrolytes are essential to optimal hydration, especially during physical activity.

Ignite your metabolism.

Purposeful ingredients in XS™ Energy + Burn and Ignite Powder give your workouts the edge and help you push further to reach your goals.



With Green Tea, Ginger and Vitamin C.



Tasty blend of Moro Blood Orange Extract.

XS™ Energy + Burn Drinks

A blast of energy! Amazing natural flavors, packed with functional, powerful ingredients like Green Tea Extract and Caffeine to support your fitness goals and ignite the burn!

127935 Blue Razz

127936 Kiwi Strawberry

Twelve 355 mL/12 oz. Cans* \$42.00

127071 Juiced and Burn Variety Case* \$40.00



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*If this product is purchased in a state with a deposit law, the amount of deposit will be added to your cost. For deposit information, visit Amway.com.

‡Based on two human clinical studies of 12 weeks and 6 months in length. Participants who consumed 400 mg Morosil™§ Moro blood orange extract per day showed reduction in body weight, body mass index (BMI), and hip and waist circumference compared to placebo.

§Morosil™ is a registered trademark of Bionap S.r.l.

XS™ Ignite Powder

Designed to ignite your workouts by helping support a healthy metabolism and weight management goals with a clinically studied dose of 400 mg of Moro Blood Orange Extract.† Includes 3X the amount of polyphenols of a navel orange.

127811 Moro Blood Orange \$44.00

30 Servings



Establish a strong fitness foundation



Fuse cardio and strength training to ignite fat loss. Sign in to the XS™ Fitness Program with your Amway ID and password to get started now!



Give your workouts the edge

XS™ Ignite Powder is formulated to fire up your training and support weight loss.^{††} The main ingredient, Morosil™[®] Moro Blood Orange Extract, has been clinically studied to help reduce body weight, body mass index, and hip and waist circumference when combined with diet and regular exercise.^{††}



"This gives you the extra boost you need when you are not wanting to hit the gym. I can guarantee you that if you use it with exercise, you will definitely see results!"

YVang
Customer

Hydration for every adventure.

Quench your thirst, replenish electrolytes and get back out there with naturally flavored and colored sports drinks.



XS™ Cocowater Hydration Drink Mix

Packed with 12% Coconut Water Mix, 64 mg of Magnesium, and 600 mg of Potassium to help hydrate and replenish lost electrolytes from strenuous activity.[†] Plus, B-Vitamins and antioxidant support from naturally derived Vitamins A, C and E.[‡]

- 110601 Strawberry Watermelon
- 110631 Pineapple Coconut

12 Packets \$28.00



“I have not found a variation of coconut water that I like until now. This water is tasty!!”

V. Franklin
Customer



XS™ Sports Twist Tubes

A delicious and refreshing hydration supplement with B-Vitamins, Selenium and just 5 g of sugar, which can be easily added to any bottle or cup of water.[†]

- 305555 Raspberry Lemonade
- 110390 Fruit Punch

20 Tubes \$23.00



See how we compare[∞]

XS™ Sports Twist Tubes	Powerade [‡] Sport Drinks	Gatorade ^{‡‡} Thirst Quencher
✓ Vitamin B	✓ Vitamin B	✗ Vitamin B
✓ Antioxidants	✓ Antioxidants	✗ Antioxidants
✓ No Artificial Colors and Flavors	✗ No Artificial Colors	✗ No Artificial Colors

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

[∞]Based on product label claims and online claims as of October 28, 2025.

[‡]Powerade[®] is a registered trademark of The Coca-Cola Company.

^{‡‡}Gatorade[®] is a registered trademark of Stokely-Van Camp, Inc.



XS™ Post-Workout Recovery

Give your muscles the assist they deserve. Contains Glutamine, Muscle Multiplier, amino acid blend, Glucosamine HCL, plus Turmeric. Sweetened with Stevia.

316379 Fruit Punch \$55.00
1 Pouch (30 Servings)

316380 Fruit Punch \$33.00
12 Stick Packs



*The NSF logo is a registered trademark of NSF International.

XS™ CBD Cream

Original formula contains 300 mg CBD to soothe and nourish tired skin with a unique blend of Arnica Montana, Aloe Vera and Menthol.

296753 56.69 g/2.0 oz./20–30 uses \$61.00



XS™ CBD Pro Cream

Our most advanced formula is made with 400 mg of CBD to support recovery from an active lifestyle. Feel a soothing, warming sensation that lasts up to 2 hours.

300323 56.69 g/2.0 oz./20–30 uses \$71.00



Jump-start your training.

The Fitness Jump Start Solution has the essentials you need to fuel your body and supplement your diet. It's formulated to help you get into a routine – and stay in it.



Get the full stack of 4 products

128208 Vanilla | 128209 Chocolate | 128210 Strawberry

\$177.00

1

Get started

XS™ Muscle Multiplier^{††} Essential Amino Acid Supplement

Unique blend of Essential Amino Acids (EAAs) and L-Arginine in a great tasting drink mix.

126753 Berry Blast \$50.00
1 Pouch (30 Servings)



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

‡When combined with regular weight/resistance training and a healthy, balanced diet.

††CarnoSyn[®] is a registered trademark of Natural Alternatives International, Inc.

*The NSF logo is a registered trademark of NSF International.

2

Protein support

XS™ Grass-Fed Whey Protein Powder

Creamy and delicious with 30 g of premium Whey Protein Isolate and 6.9 g Branch Chain Amino Acids (BCAAs), sourced from grass-fed cattle, raised without rBGH growth hormones. Free from fillers and gums.

Choose one:

128156 Vanilla
128154 Chocolate
128155 Strawberry
1 Pouch (20 Servings) \$61.00



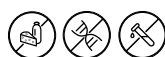
3

Pre-workout

XS™ Pre-Workout Boost

Our most advanced formula contains 3.4 g L-Citrulline, 4 g CarnoSyn[®] Beta Alanine, 1 g XS™ Muscle Multiplier^{††} Amino Acid Blend, 200 mg L-Theanine, 100 mg Rhodiola Rosea, 114 mg Natural Caffeine and a mega dose of B-Vitamins.

316378 Green Apple \$33.00
12 Stick Packs



4

Post-workout

XS™ Post-Workout Recovery

Clinical dosages of L-Glutamine, Glucosamine and Turmeric, plus 2 g of XS™ Muscle Multiplier Amino Acid Blend and 120 mg of Acerola Cherry Juice Powder to help you get back in the game!

316380 Fruit Punch \$33.00
12 Stick Packs



Take your fitness further.

XS™ Fitness Programs are an entry point for anyone looking to get active, tone, build strength or just create some positive habits. **Scan to access our FREE online fitness programs!**



Burn

Combine cardio and strength training to fire up fat loss and build a strong foundation.



Toning

Sculpt lean muscle and shed fat to transform your physique.



Muscle gains

Build strength, size and endurance to take your training further.



Peak performance

Enhance agility, stamina and recovery to reach your athletic potential.

Buy. Repeat. Earn.

Place a \$150 online order for three consecutive months and get \$75 off your third month's order!.* And the best part? You can earn this reward up to four times a year — every three months.



Get rewarded for shopping your favorite Amway™ products!*



Buy \$150+
in a single
online purchase.



Repeat \$150+
in a single online
purchase the
next month.



Earn \$75 off your
third month's online
purchase of \$150+.

Ready to order? Let's chat.

Contact your Amway Independent Business Owner:

Name: _____

Phone: _____

Email: _____

MyShop: _____

Customer service:

Call 800-253-6500 Monday - Friday: 9 a.m. - Midnight ET
Saturday - Sunday: 10 a.m. - 10 p.m. ET

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We recycle all print scrap paper.



*Buy, Repeat, Earn Program offer applies to Registered Customers only. Make a qualifying \$150 or more purchase for 3 consecutive months to receive \$75 off your third month order plus free standard shipping in the US. Must be logged in to your Amway account. Discount applies automatically in cart with no code required. Limit of 1 qualifying purchase per month. Max of 4 rewards per year if qualifying criteria is met each month for 12 consecutive months. Offer valid beginning March 1, 2025 at 12am EST. Offer valid for purchases on Amway.com only and not through Amway Independent Business Owners. Discount does not apply to sales tax or shipping and handling charges. Rewards cannot be used on previous purchases or returns. Rewards cannot be redeemed for cash. Void where prohibited, taxed or restricted by law. Amway reserves the right to modify or discontinue this offer at any time without notice.