YOUTH EXCHANGE

DALE FORMA

Art interventions get international

From 4th to 12th of MAY 2026

GRAÑÉN, HUESCA, SPAIN

Co-funded by the European Union

colectivo21

Context

We are excited to introduce “DALE FORMA: Art interventions get international”, a 9-day youth exchange that brings together young people from across Europe to explore artistic expression in a rural setting at the Artmósfera Artistic Residency in Grañén, Aragón, Spain.

Organized by COLECTIVO 21, this exchange is designed to foster creativity, self-expression, and community connection through hands-on artistic experiences. During 7 days of activities, participants will explore important social themes through art, including:

- Inclusion and Diversity
- Sustainability and Environment
- Active Participation in Democratic Life
- Media Literacy

Throughout the program, we will experiment with different artistic techniques, using them as tools to share stories, connect with others, and creatively explore these social themes. Participants will also engage with local communities, discovering how art can inspire learning, personal growth, and social transformation.

More than just an artistic experience, DALE FORMA is a space to learn, share, and co-create, while building meaningful relationships with like-minded young people. By the end of the exchange, participants will not only have developed their creative skills, but also gained new perspectives on how art can contribute to a more inclusive, sustainable, and active society.

Join us in this unique experience where creativity, art, and social engagement come together to shape new ideas and connections!

The facilitators

ISABEL

Isabel studied Fine Arts at the Complutense University of Madrid, a Master in Education, and a Master in Cultural Heritage Management at the University of Zaragoza. She has experience in managing projects related to art and youth.

Currently, she works in communication, managing the social media of various projects. She is passionate about art and has carried out different artistic projects.

Additionally, her artistic trajectory has taken her further, having completed a residency at the Mothership Art Residency in New York and participating in various exhibitions and artistic calls, thus contributing to the vibrant cultural dialogue within the artistic community.

Valentina is a people person and a language enthusiast. She graduated in Interlinguistic and Cultural Mediation and is involved in facilitating Youth Exchanges and Training Courses in the framework of Erasmus+, as well as in different local projects of a social nature.

She's a nature lover and, among her interests, she enjoys outdoor activities and theatre as a way of expression and of developing creativity. She strongly believes that art in any of its forms is the best tool for self-expression and for enhancing well-being, especially when the source of inspiration is found in nature.

VALENTINA

Target group

This youth exchange is designed for young people aged 18 to 30 who are passionate about art, creativity, and social engagement. Whether you are an artist, an art enthusiast, or simply someone who enjoys expressing yourself through creative mediums, this exchange offers a unique opportunity to explore different artistic techniques while connecting with like-minded participants from across Europe.

Participants should be open to sharing, learning, and co-creating in a collaborative environment, as well as engaging in artistic workshops and outdoor activities at the Artmósfera Artistic Residency. No prior artistic experience is required, just a willingness to explore creativity in new and inspiring ways.

Each participating country will send 4 young participants (18-30 years old) plus 1 group leader, who can be 18+ with no upper age limit. The group leader will support the team throughout the exchange, helping to facilitate group dynamics and learning experiences.

If you are looking for a space to connect, create, and grow, while exploring art as a tool for inclusion, sustainability, active participation, and media literacy, DALE FORMA is for you!

IMPORTANT: Full participation during the entire project is required in order to receive the Youthpass certificate and ensure the correct reimbursement of travel costs.

Programme

04/05	05/05	06/05	07/05	08/05	09/05	10/05	11/05	12/05
ARRIVAL DAY	Get to know each other	Introductory activities on **Inclusion and Diversity**	Introductory activity on **Media Literacy**	Full-Day Excursion	Introductory activity on **Sustainability and the Environment**	Introductory Activity on **Active Participation in Democratic Life**	Preparation of the exhibition	DEPARTURE DAY
		Theatre workshop	Workshop: Creating Videos		Nendo Dango Workshop	Creative Sculpture Workshop	Evaluation	
	LUNCH							
	Team building activities	Artistic workshop FANZINES	Workshop: Creating Videos	Full-Day Excursion	Artistic workshop GELLI PRINTING	Creative Sculpture Workshop	Exhibition and intercultural tasting	
DINNER								

Schedules and activities may change or be adjusted according to the needs of the project, the participants, and the coordinating team.

Travel Budget

The travel budget for the round trip depends on the km distance from point A (where you begin your travel) to point B (Grañén, Aragón), calculated with the official EU distance calculator.

Please refer to the below chart:

Travel distance	Green Travel	Non-Green Travel
10 - 99 km	56€	28€
100 - 499 km	285€	211€
500 - 1999 km	417€	309€
2000 - 2999 km	535€	395€
3000 - 3999 km	785€	580€
4000 - 7999 km	1188€	1188€
8000 km or more	1735€	1735€

Those who are planning to arrive earlier or depart later are kindly requested to make their own accommodation arrangements for those extra days.

If selected, you will be asked to send us your travel plan and **wait for our confirmation before buying the tickets**.

It's very important to keep all the tickets, invoices and boarding passes in order to receive the travel reimbursement.

The travel reimbursement will be processed after the end of the Youth Exchange, upon receiving all requested documents from participants. The reimbursement of the travel costs usually takes a minimum of 3 months, so please take this into consideration before applying.

The venue

“DALE FORMA” will take place in **ARTmósfera**, an artistic residency based in a **very rural area** (the nearest village is 30 min away by foot) in Monegros region, near the village of Grañén. ARTmósfera is a space in constant evolution dedicated to the creation, teaching and learning of the performing arts mainly, but open to any discipline.

The space is equipped with **shared rooms** with bunk beds, one big covered space which is mainly used for training circus and performing arts, and another space to use in case of bad weather conditions, but we will try to stay outdoors as much as possible, to enjoy the beautiful garden and the sunlight.

The are **two shower cabins which are located outside** of the main facilities to be used among all the participants.

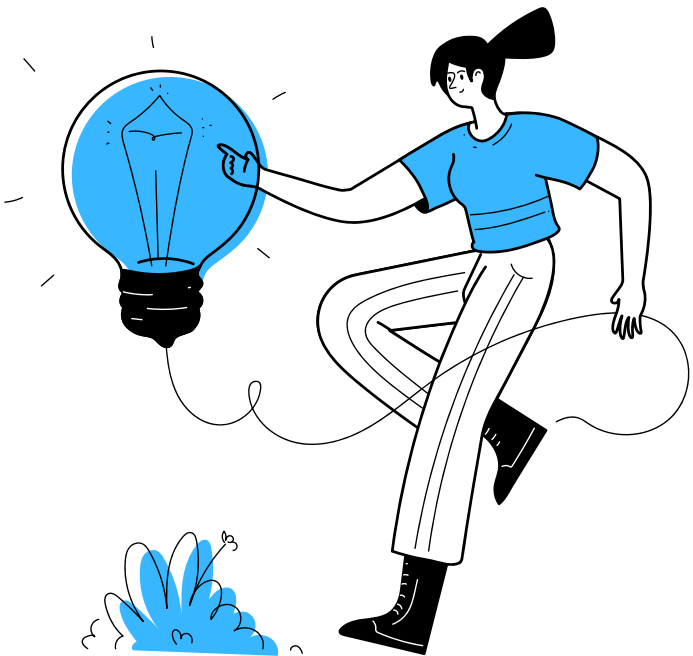
There is no washing machine, but you can wash your clothes the old-school way, if you wish! Also, there is no wifi connection, but if the point is to disconnect you’ll probably not think about it either.

ARTmósfera will be our home for eight days and we will take care of it during all our stay, helping with maintaining the venue as a nice and welcoming space.

FOOD

We will have three meals a day and two coffee breaks and the menu is all **vegetarian**. If you are selected, you’ll be asked to fill out a form in order to tell us about any intolerance/allergy or diet restriction, in order to offer you an alternative.

All expenses for accommodation and food are covered by the Erasmus+ program.



Watch this short video of ARTmósfera to get a feel for the space where the youth exchange will take place.

https://www.youtube.com/watch?v=a2FIwM4MHVw

How to get to Artmósfera

Artmósfera is an artistic residency located in Grañén, in the Monegros region, Huesca, Spain. Here's how you can get there:

1. Arrival in Spain
You can fly to one of these airports:
- Madrid-Barajas (MAD)
- Barcelona-El Prat (BCN)
- Valencia (VLC)

Or fly directly to Zaragoza airport, which is the nearest!
- Zaragoza (ZGZ)

2. From Madrid or Barcelona to Zaragoza
- By Bus: There are many daily buses from Madrid/Barcelona/Valencia that bring you directly from the airport to the main train station. You can check them here: https://www.alsa.com/

- By Train: You can check trains here: https://www.thetrainline.com/ and then book them directly on the provider's website (Renfe, Ouigo, Iryo).

3. From Zaragoza to Grañén
- We will inform you about the schedule of the train as soon as available.

4. From Grañén to Artmosfera
- We will pick you up from the train station (Tardienta or Grañén) to Artmosfera. Please make sure to inform us about your arrival time so we can coordinate.

IMPORTANT INFORMATION
Do not book any tickets without our approval due to potential schedule changes and transport availability.

It is essential that you keep us updated on your travel plan so we can assist you in organizing your journey smoothly.

ARRIVAL AND DEPARTURE DATES
Arrival: May 4 - Afternoon
Departure: May 12 - Morning

Colectivo 21

Colectivo 21 started as a project focused on promoting the inclusion of young people from rural areas in performing arts activities. Over time, it has grown into a broader platform, creating spaces where young people can explore their interests and develop their artistic potential. Today, Colectivo 21 runs both local and international projects, guided by core values of creativity, inclusion, diversity, and innovation.

Our Mission

To empower young people through artistic expression and inclusive opportunities, fostering creativity and cultural exchange.

Our Main Goals

- Equip young people with skills and competencies that spark creativity, using art as a powerful tool for personal and social transformation.
- Strengthen the role of youth as active contributors to society, creating an impactful, activist presence in Aragón, particularly in areas at risk of depopulation, through activities that promote freedom of expression.
- Offer opportunities for young people to share experiences in an intercultural environment, while developing high-quality non-formal educational materials and methodologies.
- Inspire youth to actively contribute to a more sustainable and socially responsible society.

What to bring

- Your own towel and personal hygiene products
- A sleeping bag
- Comfortable clothes and shoes
- Reusable water bottle
- Sunscreen and sunglasses (sun can be pretty strong here.)
- A bathing suit just in case, there is a small swimming pool where you may want to chill
- Musical instruments and games if you want

How to apply?

If you're interested in participating, we'd love to get to know you better! Please share a bit about yourself and your motivation for joining the course. We're eager to learn about your background, experience, and what inspires you to explore the intersection of art, diversity, and inclusion.

APPLICATION FORM

Make sure to double check the dates of the activity and apply only if you're able to attend to the whole duration of the Youth Exchange.

See you soon!

COLECTIVO 21 contacts:

Website
Instagram

If you have any questions or doubts, please don´t hesitate to contact us at:
info@colectivo21.org