

Annual Report 2024-25

GL11 Community Hub continues to create a meaningful ripple effect across the community. Collaborating with local people and organisations, we have created a tidal wave of far-reaching impact that strengthens connections and supports lasting change.

This year's activities highlight how shared stories, skills, and experiences can transform everyday lives; enhancing connections, wellbeing and resilience across communities.

THE ORAL HISTORY PROJECT

One powerful example is our oral history project. In 2024-25, we recorded the stories of women from Cam Mills.



THE MINISTER'S VISIT



Connection with local heritage can strengthen community wellbeing.

Reignited pride in local heritage.



Strengthened unity and belonging.

An afternoon tea to keep connections flowing.



A Place to Belong, A Hub for Action

Created connections between local organisations.



Children illustrated the women's memories.

Connections across generations.

CREATIVE COMMUNITY

We connected with Creative Community, who brought the stories and learning to life.

THE EXHIBITION



Over 450 people visited the exhibition.

Their work became part of a week long exhibition at a local venue.

26 volunteers involved in the project delivery.



Young people were taught by a local photographer, recreating photography portraits.

GL11 proves that when people feel safe, connected and valued; real change happens. You can read more about it [here](#):

We love being part of that ripple effect. What ripples can you start?

For many, reminiscing was cathartic. It rekindled old friendships and forged new ones.



Exercise for over 60s: Susan's story

My name is Susan and I'm 72 years old.

I live in the Dursley area.

I have arthritis and I used to worry about going to social groups.



My friend invited me to join one of GL11's exercise classes for over 60s, but I was reluctant at first.



After one session, I'd completely changed my mind. The class offered the perfect mix of gentle exercise and socialising. Now I go every week.



I've made new friends, and I can move much more freely. I used to need a stick for short distances - now I don't.



Meet Lisa: GL11's New CEO!

GL11's Board of Trustees have appointed Lisa Wilson as CEO, following Indigo Redfern MBE's decision to stand down after eleven successful years at the helm. With a strong background in healthcare management, Lisa was previously GL11's Deputy CEO.

"I'm immensely proud and excited to have been appointed as the new CEO for GL11 Community Hub" she says. "GL11 will continue to work on fostering collaboration, co-creating solutions, and enabling community-led initiatives that improve wellbeing, community resilience and connections."



Our values

LOOK FOR STRENGTHS



BE BRAVE



ACT AS IF IT'S POSSIBLE



"LISTEN"



Volunteering with GL11: Lucy's story

I'm Lucy. I first came to GL11 after retiring and moving to Cam.

It was a complete change of lifestyle for me. I'd lost my network of work friends and I was living in a new area. I felt a bit lost really.



I applied to volunteer at GL11 after walking past the sign one day.

I started volunteering in the kitchen every week. The kitchen team are like extended family now. It is great to feel part of something that is also supporting local people.

I got to know more about what GL11 offers and I became a community buddy for Mark - a gentleman in a similar situation to myself. We met up weekly for coffee and it was great confidence.



I was able to help Mark use his smart phone more and now he has a way to keep in touch with his grandchildren.



Through the buddy scheme, Mark has also started coming to GL11 for Art and Chat and has made so many new friends.



I'm so glad I took that initial step to volunteer at GL11. Cam now feels like my home.



Join Lucy, and over 70 others, volunteering with GL11



Volunteering has given me a purpose and my confidence has improved. I've started looking for jobs again.

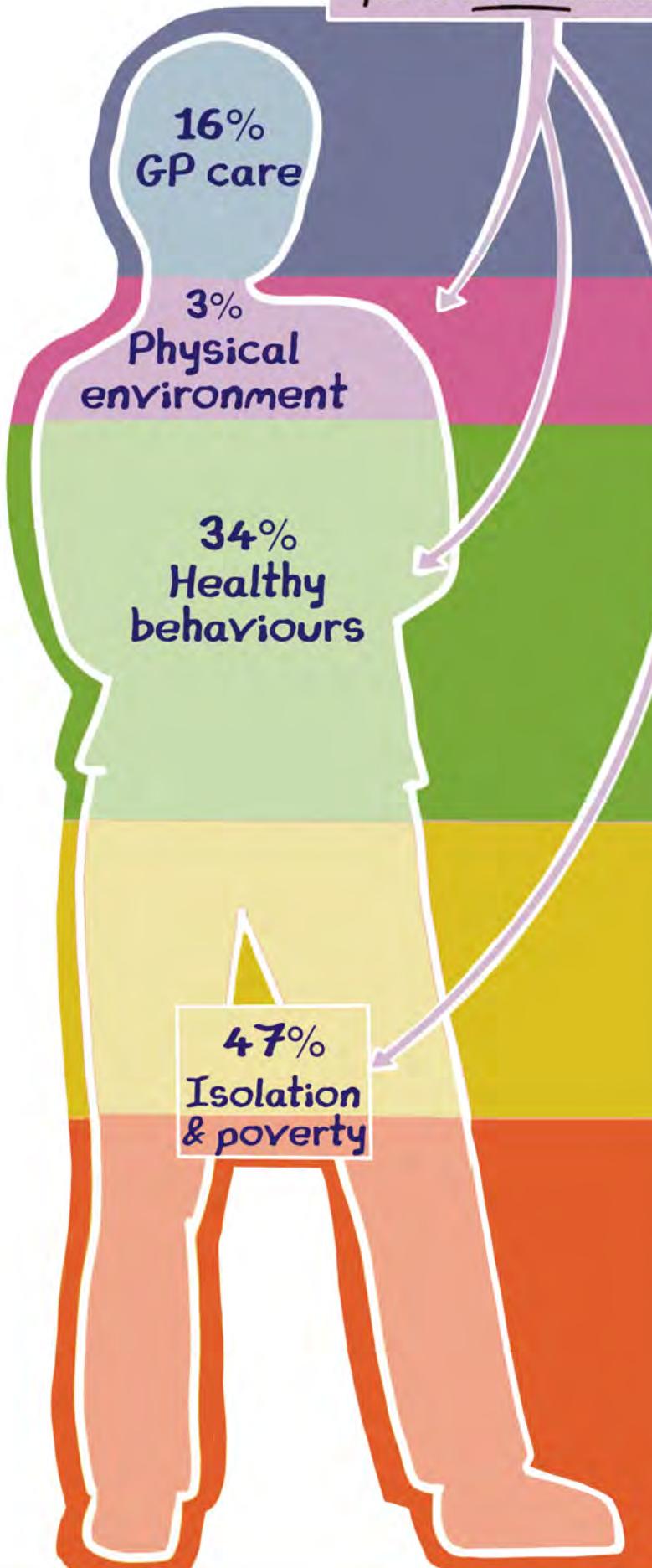
Share your gifts, gain new skills and be part of creating a better community for everyone.



Pop in for a chat or email us to find out more about volunteering with us.

Our outcomes and impact: tackling health inequity

84% of the factors that influence a person's total health are found outside clinical care.



Below is a snapshot of what we do and how our work has made a difference to people in our community during 2024/25.

671 blood pressures recorded.

61% of these had not had their blood pressure taken in the last 12 months.

93% of these people had a follow up.

Particularly helpful for men who are reluctant to go to the GP or seek out a test themselves.

Learning from the project was shared with the NHS to shape future services.

At least two heart surgeries and two people on blood pressure medication as a result of GL11's intervention.

80% of people told us their health and wellbeing had improved.



GL11 provides a safe, welcoming and inclusive space for approximately **2,200** people each month.

80% of people feel supported by friends met at GL11.

I wouldn't be where I am today if it wasn't for you listening and believing me! So, thank you.

1,013 received counselling or coaching support.



- **85%** reported an improvement in low mood symptoms.
- **83%** reported an improvement in anxiety symptoms.
- **76%** reported an improvement in wellness.



I've met friends here I never would have otherwise.

GL11 is like my second home. I don't know what I'd do without it.

1,902 meals served during Community Lunch for over 55s.

- **59** new courses or activities to bring people together or learn a new skill.
- **222** children supported.



From GL11 Family programmes:

- **70%** of attendees increased their family's physical activity.

1,407 pantry shops.



80% of families reported experiencing better emotional health.

83% of people feel more engaged with their community.

80% of people say their confidence has improved.

187 Christmas hampers provided.



Through our trusted money advice service:

The overall financial impact, including debt managed and benefits claimed, amounted to **£462,156.03**.

3,105 hours of volunteering

As a result of coming to GL11:

- **71%** felt better able to tackle life's challenges and plan for the future.
- **69%** felt more in control of their life.

Staff don't judge, they really listen.



Money matters

Statement of financial activities

For the year ended 31 March 2025

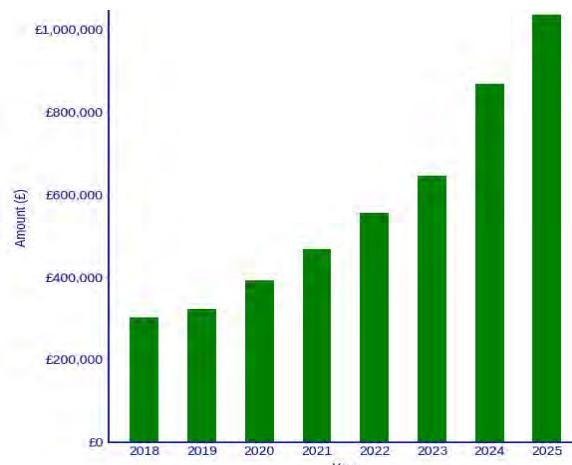
	Restricted	Unrestricted	2025 Total	2024 Total
Income from:			£	£
Donations	842,672	77,187	919,859	813,978
Charitable activities		55,564	55,564	41,104
Investment		18,764	18,674	9,611
Other income		1,017	1,017	3,417
Total income	842,672	152,532	995,114	868,110
Expenditure on:				
Raising funds		36,444	36,444	36,514
Charitable activities:				
Community	684,700	70,314	755,014	710,066
Outreach	218,767	25,558	244,325	121,074
Total Expenditure	903,467	132,316	1,035,783	867,654
Net income / (expenditure) and net movement in funds	-60,795	20,216	-40,579	456
Reconciliation of funds:				
Total funds carried forward	283,079	254,995	538,074	537,618
Total fund carried forward	222,284	275,211	497,495	538,074

Grants of more than £5,000:

Anonymous	10,000
Barnwood Trust	50,000
Berkeley Vale Primary Care Network	119,125
Big Lottery Fund	114,339
Gloucestershire County Council	55,612
Henry Smith Foundation	68,700
Historic England	5,000
Julia Rausing Trust	25,000
National Lottery Heritage Fund	9,795
NHS Gloucestershire CCG	44,400
Peter Lang Children's Trust	30,000
Sport England	10,850
Stroud District Council	81,133
Susanna Peake Charitable Trust	5,000
The Cotswold Primrose Charitable Trust	5,302
The Morrison Foundation	7,210
The 29th May 1961 Charitable Trust	5,000
The John Horseman Trust	5,000
The Louis Nicholas Residuary Charitable Trust	5,000
The Waterloo Foundation	10,000
UK Shared Prosperity Fund (UKSPF)	175,385



Growth in GL11 Delivery Expenditure:



Become a friend

Join our Friends of GL11 family today
by donating just £2, or more, a month
to help keep GL11 open to all.

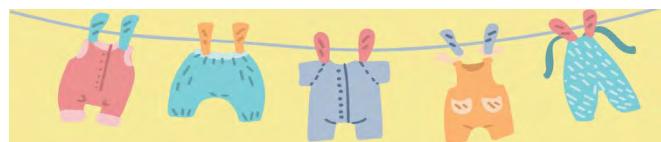


Four highlights from our past year:

Build Your Own Christmas Food Bank Hampers



GLII provided 189 Christmas Hampers, introducing a 'build your own' model for the first time, allowing people to choose their festive treats.



Bank of Baby Stuff (we call it 'BOBs'!)

We launched BOBs, a free, drop-in swap session for baby clothes and more, helping young parents to keep up with those growth spurts!

SMILE Community Action Group

GLII created a Serious Mental Illness Lived Experience (SMILE) Community Action Group to design better ways to support those with mental illness in our community.



New DiversiTea Music Group

Members of our fortnightly DiversiTea Cafe set up an inclusive music group and are looking to do a live performance soon.



Four new things for the year ahead:

SATURDAYS

GLII has exciting plans to start opening on Saturday mornings in the coming year. This will help the Community Hub reach even more people, particularly those who are in work and struggling with the cost of living.

Chronic Pain Community Action Group

GLII will continue to work with the NHS on better community support for those living with pain, designed by community members with lived experience.



The Tooth Fairy Project

GLII's new Tooth Fairy Project will provide specialist support around reducing tooth decay for the 58% of children under-5 who do not have any access to NHS dentistry in our local community.



New Support for Parents of Neurodiverse Children

GLII will be piloting a new peer-to-peer support group for those parenting a neurodivergent child, guided by an Autism Practitioner to help home life become calm(ish).



Diane's Story

I'm Diane.

I have three children - one is neurodivergent.



I came along to the peer support group for families at GL11. We immediately felt welcome and valued.



Everyone contributed to how we wanted the group to be run and what support would be useful.



Together, we came up with the idea of...



We've also talked about understanding our right to choose...

...and how we can make things better at school.



It's amazing to see how our ideas have grown.



My favourite part is our library. Books can be pricey, and not all turn out useful.



Here, we can borrow and try them first, and if it's a good fit, then I can get my own copy.



"This is one of the first places that I felt heard and understood... it's my lifeline. I was welcomed straight away, and it's made such a difference to feel listened to. It feels like what we do together here really matters, and it's already making a difference for families like mine."