Frequently Asked Questions

What courses do I need to complete in order to graduate?
To be eligible to graduate, you must complete 20.0 credits including:

- 16.5 core Community Social Services credits
- 2.0 CSS restricted electives (4 courses)
- 1.5 general elective credits (3 courses)

What electives should I take?

Choose electives from the published Electives Course Schedule that interest you. Electives offered in the fall may differ from electives offered in the winter semester. An 'Electives' course schedule will be available before course selection. If you are interested in applying to graduate program(s) after graduation, you may wish to tailor your electives to meet the admission requirements of various programs.

May I take a CSS course as an elective?
No. Electives are designed to give students breadth in their studies and provide an opportunity for CSS students to take courses with other Guelph-Humber students. You must take courses from the Electives Course Schedule.

Am I required to take my electives at Guelph-Humber?
Letters of Permission may be available in order for you to take electives at another university. Please see your Academic Advisor.

I am a transfer student; how do I know which courses to select?
Transfer Students should use this document in conjunction with their Official Transfer Credit Assessment to determine which courses they have been granted, and which courses they need to take. Transfer students should meet with their Academic Advisor to confirm the schedule they have developed in advance of the course selection dates.

Are there Field Placements in the CSS Program?

Yes. Starting in second year, students receive workplace experience through three progressive practicum placements in social service agencies across the GTA. Students will be considered "professionals in training" and performance expectations will increase according to the semester level. Throughout the placements students participate in classroom seminars to critically analyze and share their experiences.

Where can I go for more information?
Visit your Academic Advisor in GH 108. Call 416.798.1331 x. 6288 to book an appointment, or email your question to advisors@guelphhumber.ca.
Also, visit the Learning Support Peers (LSPs) in the Learning Commons or email them at lsp@guelphhumber.ca.

Am I required to complete an Area of Emphasis?
Completing an Area of Emphasis is optional. To complete an area of emphasis, students are required to complete at least 1.5 restricted electives within a specific area [*Mental Health and Addictions (MHA)* OR *Youth and Families (YF)*]. Students will be required to submit a Declaration of Area of Emphasis form online no later than the 7th semester of study.

NOTE: This program plan has been designed to assist you with course selection and program planning. In the case of any discrepancies between this document and the approved Schedule of Studies, the Schedule of Studies (as found in the Academic Calendar at www.guelphhumber.ca/calendar) will serve as the official record.

SEMESTER	COURSE CODE	COURSE TITLE	PREREQUISITES	CREDIT
Semester 1 Fall 2023	CSS*1210	CSS Writing & Communication Skills		0.5
	CSS*1190	The Political Process and Social Work		0.5
	CSS*1000	Social Work in Canada		0.5
	PSYC*1110	Introduction to Psychology		0.5
	AHSS*1130	Principles of Sociology		0.5
Semester 2 Winter 2024	CSS*1030	Issues in Advocacy and Social Justice	• CSS*1190	0.5
	CSS*1020	Interpersonal Communication Skills		0.5
	CSS*1120	Couple and Family Dynamics		0.5
	CSS*1010	Social Issues and Social Environments		0.5
	Various	General Elective or Restricted Elective *You must complete a total of 3 general electives and 4 restricted electives throughout your degree.* *If you are completing an optional area of emphasis, review pages 4-5 of this plan*		0.5
Semester 3 Fall 2024	CSS*2070	Counselling Foundations	• CSS*1020 or 3.0 credits	0.5
	CSS*2010	Understanding Mental Health Issues	• 3.0 credits including: • CSS*1010	0.5
	CSS*2030	Anti-oppressive Social Work Practice	• 3.0 credits including: • CSS*1000	0.5
	SCMA*2040	Research Methods for Social Science	• 3.0 credits	0.5
	Various	General Elective or Restricted Elective *You must complete a total of 3 general electives and 4 restricted electives throughout your degree.* *If you are completing an optional area of emphasis, review pages 4-5 of this plan*		0.5
Semester 4 Winter 2025	CSS*2050	Ethical and Professional Issues in Human Services	• CSS*2020	0.5
	CSS*2060	Group Work: Theory and Practice	• CSS*2070	0.5
	CSS*2040	Foundation Practicum I *This is a pass-fail course*	• CSS*2070 • Minimum cumulative average 60%	0.5
	Various	Restricted Elective		0.5
	Various	General Elective or Restricted Elective *You must complete a total of 3 general electives and 4 restricted electives throughout your degree.* *If you are completing an optional area of emphasis, review pages 4-5 of this plan*		0.5

	Code	Course	Prerequisites	Credits
Semester 5 Fall 2025	CSS*3030	Spirituality in Social Work Practice	• CSS*2050	0.5
	CSS*3100	Social Work Practice with Older Adults	• 7.5 credits	0.5
	CSS*3120	Intermediate Practicum I	• CSS*2040 • CSS*2050 • Minimum cumulative average 60%	1.0
	SCMA*3040	Quantitative Methods for Social Science	•SCMA*2040	0.5
Semester 6 Winter 2026	CSS*3130	Intermediate Practicum II	• CSS*3120 • Minimum cumulative average 60%	1.0
	CSS*3040	Counselling: Advanced Practice	• CSS*2070 • CSS*2060	0.5
	CSS*3020	Diversity in Social Work Practice	• 7.5 credits	0.5
	CSS*3060	Crisis Intervention: Theory and Practice	• 7.5 credits	0.5
Semester 7 Fall 2026	CSS*4030	Social Work and the Law	• 12.5 credits	0.5
	CSS*4010	Agency Administration and Community Relations	• 12.5 credits	0.5
	CSS*4120	Advanced Practicum I	• 12.5 credits including CSS*3020, CSS*3060 and CSS*3130 • Minimum cumulative average 60%	1.0
	Various	General Elective or Restricted Elective *You must complete a total of 3 general electives and 4 restricted electives throughout your degree.* *If you are completing an optional area of emphasis, review pages 4-5 of this plan*		0.5
Semester 8 Winter 2027	CSS*4130	Advanced Practicum II	• 15.0 credits including CSS*4120 and Minimum cumulative average 60%	1.0
	CSS*4040	Empowerment Oriented Case Management	• 12.5 credits	0.5
	Various	Restricted Elective		0.5
	Various	General Elective or Restricted Elective *You must complete a total of 3 general electives and 4 restricted electives throughout your degree.* *If you are completing an optional area of emphasis, review pages 4-5 of this plan*		0.5

AREA OF EMPHASIS/ CSS RESTRICTED ELECTIVES PREREQUISITES

SEMESTER	COURSE CODE	COURSE TITLE	PREREQUISITES	AOE
SUMMER	PSYC*1020	Indigenous Mental Health: A Global Perspective		MHA
	CSS*2090	Supporting Families: Research and Applications	• 5.0 credits • CSS*1120 •Permission via a Course Waiver Request form is required for the Summer section of this course	YF
	CSS*4000	Family Theory and Therapy	• 12.5 credits including CSS*2090 •Permission via a Course Waiver Request form is required for the Summer section of this course	YF
	CSS*4910	Independent Study in Mental Health and Addictions	• 12.5 credits • Permission from Instructor & Program Head	MHA
	CSS*4920	Independent Study in Youth and Families	• 12.5 credits • Permission from Instructor & Program Head	YF
FALL	PSYC*1020	Indigenous Mental Health: A Global Perspective		MHA
	CSS*2080	Mental Health and Addictions	• 3.0 credits	MHA
	CSS*4000	Family Theory and Therapy	• 12.5 credits including CSS*2090	YF
	CSS*4060	Family Mediation and Conflict Resolution	• 12.5 credits including CSS*3040 & CSS*4000 •Permission via a Course Waiver Request form is required for the Fall section of this course	YF
	CSS*4910	Independent Study in Mental Health and Addictions	• 12.5 credits • Permission from Instructor & Program Head	MHA
	CSS*4920	Independent Study in Youth and Families	• 12.5 credits • Permission from Instructor & Program Head	YF
WINTER	CSS*1040	Child and Adolescent Development		YF
	PSYC*1020	Indigenous Mental Health: A Global Perspective		MHA
	CSS*2080	Mental Health and Addictions	• 3.0 credits •Permission via a Course Waiver Request form is required for the Winter section of this course	MHA
	CSS*2090	Supporting Families: Research and Applications	• 5.0 credits • CSS*1120	YF
	CSS*3010	Drug and Chemical Use and Abuse	• 5.0 credits	MHA
	CSS*4100	Community Services in Mental Health and Addictions	• 7.5 credits	MHA
	CSS*4060	Family Mediation and Conflict Resolution	• 12.5 credits including CSS*3040 & CSS*4000	YF
	CSS*4910	Independent Study in Mental Health and Addictions	• 12.5 credits • Permission from Instructor & Program Head	MHA
	CSS*4920	Independent Study in Youth and Families	• 12.5 credits • Permission from Instructor & Program Head	YF

Area of Emphasis Courses/ Restricted CSS Electives

Students may choose between two optional areas of emphasis. To obtain recognition for an area of emphasis, students are required to complete a <mark>minimum of 1.5 restricted elective credits (3 courses)</mark> from the listing in that specific area. Only one area of emphasis may be declared.

If opting to complete an area of emphasis, students must declare an area of emphasis by the start of their seventh (7th) semester of full-time study. Only one area of emphasis may be declared. Transfer students admitted under an articulation agreement (block credit) are not eligible for an area of emphasis.

[S] Summer
[F] Fall
[W] Winter

Mental Health and Addictions [MHA] – 1.5 credits (3 courses)
- ☐ CSS*2080 [0.50] Mental Health and Addictions [F]
- ☐ CSS*3010 [0.50] Drug and Chemical Use and Abuse [W]
- ☐ CSS*4100 [0.50] Community Services in Mental Health and Addictions [W]
- ☐ CSS*4910 [0.50] Independent Study in Mental Health and Addictions [S, F, W]
- ☐ PSYC*1020 [0.50] Indigenous Mental Health: A Global Perspective [S, F, W]

Youth & Families [YF] – 1.5 credits (3 courses)
- ☐ CSS*1040 [0.50] Child and Adolescent Development [W]
- ☐ CSS*2090 [0.50] Supporting Families: Research and Applications [W]
- ☐ CSS*4000 [0.50] Family Theory and Therapy [F]
- ☐ CSS*4060 [0.50] Family Mediation & Conflict Resolution [W]
- ☐ CSS*4920 [0.50] Independent Study in Youth and Families [S, F, W]