



PSYCHEDELICS & PLANT MEDICINE INTEGRATION SUPPORT



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STEPHEN ALLEN

SPECIALIZED INTEGRATION COACH

Stephen is a distinguished transformational coach from the UK, known for his expertise in energy psychology and subconscious transformation. With a deep understanding of vibrational qualities and cultural insights gained from traveling to 28 countries, Stephen's journey began with overcoming challenges in communication and emotional expression. This transformative personal quest led him to become a coach dedicated to providing compassionate, non-judgmental support and rapid transformation. His practice is primarily rooted in PSYCH-K®, complemented by over 13 years of experience with techniques such as EFT, Theta Healing, and Quantum Touch, all aimed at facilitating profound emotional and spiritual growth.

Stephen played a pivotal role at Mindvalley for 5 years as a community manager, where he managed and hosted numerous transformational workshops and live calls with renowned teachers including Regan Hilyer, Dave Asprey, Caroline Leaf, and Vishen Lakhiani. His engagement with indigenous practices, including ceremonies with the Yawanawa tribe and Marucame, and his experiences with various plant medicines like Ayahuasca, Psilocybin, LSD, DMT, Bufo (5MeO-DMT), MDMA, and Huachuma, have enriched his approach. These experiences highlight the critical importance of personalized integration in the transformational journey, emphasizing its role as an essential component rather than a secondary consideration.

Committed to a philosophy that values each individual's inherent wisdom, Stephen envisions a world where personal transformation is honored through a deeply personalized and holistic approach. He continues to support clients in aligning their lives with their deepest insights and potential through fast, effective, and deeply meaningful mindset change.

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MASTER YOUR JOURNEY OF SPIRITUAL INTEGRATION

Are you on a quest for spiritual growth, searching for a guide to help you integrate profound insights from your retreats and plant-medicine journeys?

Look no further. Coupled with your inner wisdom, I'm here to be your committed and trusted partner in this transformative process. Your journey of deep self-discovery and lasting transformation is undoubtedly already in full force. If you recognize that you are here for a reason, book below. It is an absolute pleasure to connect with people who have the courage and thirst for bold change in their life.

FACILITATING PSYCHEDELIC & PLANT-MEDICINE INTEGRATION:

These sessions are meticulously crafted to guide you in embodying the profound insights gained from your psychedelic experiences. We seamlessly integrate consciousness beyond the direct encounter, ensuring that meaningful information is downloaded at the subconscious level for your body, mind, and spirit to move forward with ease, grace, and flow.

MAKING TRANSFORMATION ACCESSIBLE:

Solution: Whole-Brain Integration. I specialize in whole-brain integration, merging logical information with creative expression. This holistic approach ensures that your brain processes information in a balanced way, fostering a fully integrated education for a transformed life experience.

A key aspect of my work is making transformation accessible. Often, individuals find themselves stuck, knowing what needs to change but struggling to enact that change. This is an invitation to challenge the notion that '*change is hard*' and provide a framework where '*change is simple, safe, and fun.*' Through non-invasive belief change processes and direct clear communication with one's higher self, we pave the way for a journey of rapid, noticeable, continuous growth.

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THE FRAMEWORK BEHIND THIS INTEGRATION PROGRAM

Our Higher Wisdom:

This is a unique, holistic journey designed for the fast-paced nature of the modern world. Your innate wisdom holds the key, and we have the tools to unlock it. We always ask for permission and confirmation from your higher wisdom, making it fully safe, non-invasive.

Effective Tools:

Before and/or After your plant-medicine journey, we set up the first session to prepare or integrate the received information. Using simple and effective energy psychology tools, the effects and wisdom of the plant-medicine experience can be integrated with all aspects of your being.

Reprogramming Your Operating System:

The problem often lies in misalignment with conscious desires & subconscious programs. Alignment and confirmation is crucial for genuine transformation. We work directly with your operating system, where all your habits, behaviors, and subconscious patterns reside.

Belief Creation for Lasting Change:

During integration sessions, create meaningful beliefs aligned with your higher wisdom that penetrate your subconscious mind, becoming as grounded and unquestionable as stating your own name.

The Epigenetic Impact: Rewriting Your Biology:

Investing in integration yields long-term benefits that shape your genetic expression. As cell biologist Bruce Lipton states, *"The moment you change your perception, is the moment you rewrite the chemistry of your body."*

The Value of Integration:

Investing in yourself through integration sessions brings incredible long-term gains. Transformative changes start with small actions, providing valuable data and feedback. While the effects are immediate, conscious recognition may take a few weeks, emphasizing the importance of follow-up sessions for alignment.

A man with a beard and short hair, wearing a white button-down shirt, is performing a Reiki-like energy healing on a woman's back. He is standing behind her, with his hands positioned over her shoulders and upper back. The woman is lying down, wearing a brown top and light blue pants. The background is a lush green outdoor setting with trees and foliage. The text is overlaid on the left side of the image.

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**MEMORY
WITHOUT
EMOTIONAL
CHARGE**
an
is Called
WISDOM

Dr Joe Dispenza

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QUALIFICATIONS AND SERVICES

A JOURNEY OF DEVOTION AND EXPLORATION

I've dedicated over 13 years in devoted study and practice with multiple ancient and modern life-transforming modalities, filtering out the essentials to ensure the most effective outcomes.

Although i have studied over 10 other disciplines, my primary tool of choice is PSYCH-K®, a holistic and effective set of processes that empowers clients and partners to be fully in the drivers seat of their own transformations. Allowing them to receive clear inner guidance and extremely rapid and effective results that last in a safe and non-invasive way.



YOUR BENEFITS

In these sessions, you will get to:

- Be mentally and emotionally prepared for your Journey
- Understand the deeper meaning of your insights
- Experience fast and effective tools to accelerate change
- Receive guidance and align with your higher wisdom
- Create and Integrate necessary subconscious beliefs
- Discover meaningful action steps to take
- Enhance your self-healing capability
- Be confident and safe in the process
- Mitigate reverting to old patterns
- Process your experience more deeply
- Release old and unhealthy patterns
- Strengthen healthy patterns

RESULTS FROM CLIENTS

FACILITATING REAL CHANGE

I've worked with hundreds of individuals, guiding them to transform patterns and achieve their desired outcomes. Your journey is uniquely yours, and I'm here to facilitate the changes that are meaningful to you.



'Working with Steve was such a releasing catharsis. I can not believe what we have accomplished in one session. His insights, his compassion, and his powerful techniques for changing states and stressful situations blew me away. Looking forward to further transforming with Steve! He's one of a kind!' - Annie Lebrun



Steve was a lifesaver for me. I got to experience his transformational healing during one of the lowest points in my life. I was stuck in grief at the loss of a very good friend and nothing else was working to release the pain from my body. His techniques and guidance gave me a calm space to move through this. Over the various sessions with him, I moved through different blocks including fear, anxiety, negative thought patterns, and money mindset and we covered a range of issues. Steve is one of my go-to coaches and I highly recommend working with him. - Pravina Chetty



I have been searching my whole life to transform my depressing thoughts. But everything I tried felt like putting a bandage over a bleeding wound. With his technique Steve treated the wound in an instant. I've already seen massive positive changes. A massive reduction in self-doubts and fears that in the past had me paralyzed and unable to move forward. Now, I feel so much "lighter", filled with new creative ideas and enthusiasm for life. - Sylven Claessen

**If you want to bring
meaningful and
sustainable support
for your participants,**

**reach out and let's
discuss how we can
further bring our
services to support
humanity**

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